

- **What is LUNG FORCE?** LUNG FORCE is a national movement led by the American Lung Association to unite everyone *against* lung cancer and chronic lung disease, and *for* lung health.
- **Where do the donations go?** All donations benefit the American Lung Association and its mission to save lives by improving lung health and preventing lung disease. 90 cents of every dollar you raise through the Walk goes directly to education, research and advocacy.
- **What do I wear? Turquoise is the signature color of LUNG FORCE.** It's a bright, uplifting color that represents our breath and the air we breathe. We encourage you to wear this color (and comfortable shoes!) on Walk Day.
- **Is there a registration fee? How much money do I need to raise to participate?** There is no registration fee or fundraising minimum, but it is a fundraising event. We encourage all participants to fundraise!
- **Does every walker get a t-shirt?** Every registered participant who raises a minimum of \$100 will receive a commemorative t-shirt on Walk Day. For more motivated fundraisers, there are additional rewards that you can work to achieve.
- **What fundraising tools are available to me?** As a participant, you have access to your own online Participant Center where you can send email messages, track donations, monitor and more! Head to your Walk website and click "Login" in the top right corner to enter your Participant Center. Need personalized fundraising help? Contact your local LUNG FORCE team.
- **I live with lung disease. Is there anything for me at the Walk?** Yes! As a LUNG FORCE Hero, someone living with or a survivor of lung disease, you will receive an exclusive Hero t-shirt and a special gift at the Hero and Champion Tent.
- **How long is the Walk?** There are two route options available: a one-mile or three-mile route. Choose what best suits you on Walk Day!
- **Are pets allowed?** No. Though we love our furry friends, they can cause a respiratory emergency in some participants. So, we ask that you leave your pets at home so everyone can enjoy the Walk comfortably.

