

How to Register

<p>1. Go to www.LUNGFORCE.org and hover over 'Get Involved.' When the dropdown bar appears, click on "LUNG FORCE WALK/RUNS."</p>	
<p>2. Scroll down to find the upcoming LUNG FORCE Walks.</p> <p>Select which event you would like to participate in or type in your zip code to find events in your area.</p>	
<p>3. After selecting which event you would like to participate in, click "Register" on the top right.</p>	
<p>4. Choose whether you want to start a team by signing up as a new Team Captain, join an existing team, or register to Walk as an individual – not on a team.</p> <p>First time participating in a Lung Association event? Select "Continue Registration" under New Participant Registration to create an account.</p>	

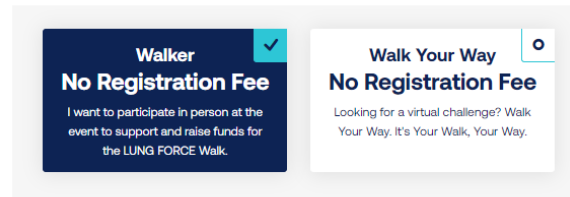


How to Register Continued

5. Select your participation type.

Only select “Walk Your Way” if you’re not attending the event in-person.

Select a Participation Option



6. Show your commitment and kick-off your fundraising by making a self-donation.

Give \$35 or more when you register to receive an official American Lung Association eco-friendly drawstring bag.

Once you donate, follow the prompts to complete your registration.

Kick-off your fundraising with a personal donation

Start your fundraising with a self-donation to show your commitment in the fight against lung disease and for clean air! All individuals who make a self-donation of \$35 or more will receive a reusable, eco-friendly drawstring bag. Your gift will encourage your donors to support your cause and may even inspire them to match or beat your donation.

\$500
 \$250
 \$150
 \$75
 \$35
 Additional Gift:
 No Additional Gift

Yes, make this an anonymous gift.

Yes, you can display the amount of my donation publicly.

\$35

