



DON'T FORGET! OUR UPDATED FIRST RESPONDER CHALLENGES:

- **Opening Ceremony and Procession** for all Firefighter and Law Enforcement Climbers to the start line featuring the Mackenzie Highlanders Pipes and Drums of Iowa

RACE ROUTE

The 2024 Fight For Air Climb - Des Moines, presented by EMC Insurance Companies will once again be a four building climb in the following Downtown Des Moines buildings:

1. EMC Insurance Companies | 15 Floors | 371 Steps
2. The Financial Center | 22 Floors | 464 Steps
3. Hub Tower: 16 Floors | 324 Steps
4. Ruan Center | 32 Floors | 637 Steps

TOTAL of 85 Floors and 1,796 Steps

LAW ENFORCEMENT CHALLENGE AWARDS

Highest Fundraising Law Enforcement Team – Team Travelling Trophy

Fastest Law Enforcement Relay Team – Relay Team Travelling Trophy

Fastest Overall Law Enforcement Team – Overall Team Travelling Trophy

Fastest Individual Law Enforcement Climber (All Four buildings)

COMPETING AS A TEAM

Law Enforcement teams can compete in the following ways:

1. **Law Enforcement Relay Team:** four-person team, each person climbs one building
2. **Law Enforcement Four Building Team:** team of at least four members where each participant climbs all four buildings. The fastest climb time from the top four climbers will be averaged to create the team time.
3. **Fundraise together** to become the highest fundraising Law Enforcement team overall.

INDIVIDUAL PARTICIPANTS

Law Enforcement participants may climb as an individual climber in full gear. Individuals must climb all four buildings in order to qualify for the individual timed award.



LAW ENFORCEMENT CHALLENGE GUIDELINES

The following guidelines have been established *to preserve the integrity of the Law Enforcement challenge competition*. These are the mandatory requirements to qualify for awards and will be monitored on an honor system. Any equipment you may bring into the stairwell must make the journey up with you.

REQUIRED ATTIRE

In order to qualify for awards, all Law Enforcement participants must wear your uniform and full gear as **authorized** by your department.

Including but not limited to: Uniform pants and shirt, Boots, Vest, Duty Belt, Duty weapon, Radio

TIMING

If you are climbing as a part of a relay team, the timing chip may be attached to a relay baton that you will pass off between buildings. If you are participating as an individual or on four building team, the timing chip will be attached to your race bib. Your race bib must be affixed to your gear with tape or safety pins regardless of challenge selection.

*All participants will be required to pay a registration fee at time of registration and complete the minimum fundraising requirement of \$100 per person on or by event day, April 7, 2024. If fundraising as a team, the team's fundraising average must equal at least \$100 per team member.