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# COPD Educator Course

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**Wednesday, April 4, 2012 and Thursday, April 5, 2012**

University of Iowa Hospitals and Clinics  
East Room, 8<sup>th</sup> Floor  
Iowa City, Iowa 52242

**Sponsored by:**

American Lung Association in Iowa  
and  
University of Iowa Hospitals and Clinics  
Pulmonary Rehabilitation Program

**Intended Audience:**

Nurses  
Occupational Therapists  
Physical Therapists  
Respiratory Therapists  
Social Workers  
Other Health Professionals

**Workshop Description:**

The COPD Educator Course is designed for healthcare professionals in a clinical or hospital setting. The day-and-a-half course covers a variety of topics on COPD: overview of the disease, pulmonary function testing, management of the condition, tobacco cessation, medication and oxygen therapy guidelines, pulmonary rehabilitation, and more.

**Objectives:**

The participant will be able to:

1. Discuss prevalence, risk factors and prevention strategies associated with COPD.
2. Discuss the role of pulmonary function testing for the identification and management of COPD.
3. Discuss the management of COPD in its various stages.
4. Discuss the 5 A's of tobacco cessation.
5. Describe oxygen therapy devices currently available.
6. Review the role of pulmonary rehabilitation in improving daily activities for the COPD patient.
7. Demonstrate proper technique for delivery of inhaled medications using a variety of devices.
8. Explain how education and self-management skills can improve quality of life for the COPD patient.
9. Describe hospital and community services available to assist the COPD patient and family with end of life issues.

**Agenda:****Day 1, Wednesday, April 4**

12:15 - 1:00	Registration
1:00 - 2:00	Overview and Reducing Risk Factors of COPD Herbert Berger, MD
2:00 – 3:00	Pulmonary Function Testing and Case Studies Jeffrey Wilson, MD
3:00 – 3:15	Break
3:15 – 4:35	Establishing the Diagnosis and Managing COPD Douglas Hornick, MD
4:35	Adjourn; CEU recording for Day 1 only participants

**Day 2, Thursday, April 5**

7:30 - 8:00	Registration; Continental breakfast
8:00 - 9:00	Tobacco Cessation Jane Greiner, RN, BSN
9:00 – 10:00	Oxygen Delivery Devices Durable Medical Equipment Staff – Company Representatives TBA
10:00	Break
10:15 – 11:45	Improving Activities of Daily Living through Pulmonary Rehabilitation Kim Eppen, PT, MA, MPT, PhD
11:45 – 12:30	Lunch
12:30 – 1:30	Tools of the Trade: Training with Inhaler Medications Janie Knipper, MA, RN, AE-C and Pharmaceutical Company Representatives TBA
1:30 – 2:30	Educating COPD Patients towards Self-Management Janie Knipper, MA, RN, AE-C
2:30 – 2:45	Break
2:45 – 3:45	End of Life Issues Thomas Gross, MD and Connie Perry, RN
3:45 – 4:00	Program Evaluation/CEU Recording

**Faculty:**

University of Iowa Hospitals and Clinics and UI Carver College of Medicine faculty

Herbert Berger, MD; Clinical Professor, Pulmonary Medicine

Kim Eppen, PT, MA, MPT, PhD; Clinical Specialist, Pulmonary Rehabilitation Program

Jane Greiner, BSN, RN; Staff Nurse, Pulmonary Rehabilitation Program

Thomas Gross, MD; Associate Professor, Pulmonary Medicine

Douglas Hornick, MD; Clinical Professor, Pulmonary Medicine

Jane Knipper, MA, RN; Advance Practice Nurse Supervisor, AE-C, Pulmonary Rehabilitation Program

Jeffrey Wilson, MD; Clinical Professor, Pulmonary Medicine

Guest speaker:

Connie Perry, RN; Regional Director of Business Development, Iowa Hospice

Durable Medical Equipment Company and Pharmaceutical Company Representatives TBA

**Credit Hours:**

The workshop qualifies for:

OT, PT, RT, SW, and RN:   Day 1 – 4 hours (0.4 CEUs)  
  Day 2 – 7.8 hours (0.78 CEUs)  
  Total – 11.8 hours (1.18 CEUs)

Nursing CEU Credits will be granted by the University of Iowa Hospitals and Clinics, Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program each day to receive full daily credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at (319) 356-4304.

**Tuition:**

Fee: \$125.00 for 2 days; \$90.00 for day 1 only; \$100.00 for day 2 only. (Add \$10.00 if postmarked after 03/23/2012). Fee includes instruction, program materials, nutrition breaks both days, continental breakfast and lunch on April 5<sup>th</sup>, continuing education credits, and parking. A 15% fee will be charged for all refunds; no refunds will be made after 03/23/2012. We reserve the right to cancel this workshop, with adequate notice (by 03/23/2012), and full refund to registrants. Make check payable to: **American Lung Association in Iowa**. Participants must pre-register. Confirmation will be e-mailed.

Due to construction at UIHC it is recommended that you park in Hospital Ramp #4. Please see enclosed map.

**Nondiscrimination and Disability Statements:**

Individuals with disabilities are strongly encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Pulmonary Rehabilitation in advance at (319) 356-8396.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associated preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

Housing information and maps of the Iowa City area can be obtained on the web at:

<http://www.uihealthcare.org/YourVisit>

Disclaimer: The University of Iowa Hospitals and Clinics Department of Rehabilitation Therapies does not endorse or recommend any company or product mentioned in conjunction with this program.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director and planning committee. Firms providing financial support did not have input in these areas.

Disclosure Policy: Everyone in a position to control the content of this educational activity will disclose to the CE provider and to attendees all relevant financial relationships with any commercial interest. This will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use of the U.S. food and Drug Administration (FDA).

# COPD Educator Course Registration

Register 1 of 3 ways:

1. Register **ONLINE** with credit card: [www.lungia.org](http://www.lungia.org)
2. Register by **FAX** with credit card: 515-334-9564
3. Register by **U.S. MAIL**: American Lung Association  
Attn: COPD Educator Course  
2530 73<sup>rd</sup> Street  
Urbandale, IA 50322

**Tuition:** \$125.00 for 2 days; \$90.00 for day 1; \$100.00 for day 2. (Add \$10.00 if postmarked after 03/23/2012).

**Please make check payable to:** American Lung Association in Iowa

**Charge credit card:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVV: \_\_\_\_\_

Signature: \_\_\_\_\_

**Name:** \_\_\_\_\_ **Employer:** \_\_\_\_\_

RN \_\_\_\_ OT \_\_\_\_ PT \_\_\_\_ RT \_\_\_\_ SW \_\_\_\_ Other \_\_\_\_\_

Professional license #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

(Confirmation will be sent to this e-mail address)

Want to receive the monthly Iowa COPD Coalition Air Mail? No \_\_\_\_\_ Yes \_\_\_\_\_

Want to become involved with the Iowa COPD Coalition? No \_\_\_\_\_ Yes \_\_\_\_\_

**Need a parking pass?** No \_\_\_\_\_ Yes \_\_\_\_\_ **Circle days:** Wednesday Thursday Both Days

Passes will be distributed at the registration desk

**Please select your luncheon preference of salad AND dessert to be served on Thursday, April 5<sup>th</sup>:**

Cobb Salad \_\_\_\_\_ Vegetarian Salad \_\_\_\_\_ Chef's Salad \_\_\_\_\_

Chocolate Layer Cake \_\_\_\_\_ Raspberry Cheesecake \_\_\_\_\_

Please indicate any special dietary needs: \_\_\_\_\_