









Fight For Air Climb New Jersey Event Day Information

EVENT BASICS:

Event Day: Sunday, April 14, 2024

8:30am: Check-In Begins

9:00am: First Firefighter Climber

9:15am: After Party Opens

9:30am: First Civilian Climber (approximately) **10:45am:** Awards Ceremony (approximately)

Event Website: FightForAirClimb.org/newjersey

Climb Location: Red Bull Arena, 600 Cape May St., Harrison, NJ 07029

Please note parking and entry instructions below.

GETTING READY TO CLIMB:

Become a Lung Champion

See your story in the arena! Share why you are climbing by <u>completing this form</u> and you'll see it on the Jumbotron on Climb Day. **Deadline to submit is Friday, April 5.**

Registration Details

Online registration will close at 11:59pm on Wednesday, April 11. See more details below on day-of registration.

Start Times

Climber start times will be sent out on Thursday, April 11. Climbers will be emailed this information and their times will be posted on the Fight For Air Climb website.

Climb Pace

The participants who selected Elite at time of registration will start first. All team's members will be assigned consecutive start times (please note: this does NOT include anyone who registered for the Elite category). Every person climbing whether registered as an individual or on a team, will start individually in approximately 30 second intervals.

Appropriate Attire

Participants should wear comfortable clothing appropriate for a cardio workout. The event is outdoors and will be held rain or shine.

Parking

Parking is free for all participants and should use the East Lot.











EVENT DAY:

Check-in/Bib Pick Up

Participants should plan to arrive at check-in 20 to 30 minutes prior to their assigned start time. The event entrance is located at Gate C.

Check-in will be handled **numerically** by bib number and will take place right through Gate C. At check-in you will receive your climb packet that includes your bib number, which has your timing chip included. You should turn in all donations at this time.

Bib Numbers and Timing

It is required that you securely attach your bib number to the **FRONT** of your shirt with the safety pins provided at the check-in table. All climbers must display their bib number during the event. Your time will be recorded by the timing chip included in the bib number. Volunteers will give additional instructions at the start line. You must correctly wear your bib number for your time to be recorded. **Please note: Bib numbers are non-transferable to another participant.**

Please note that unlike prior years, there will be no timing wristbands used.

Tips to have your time accurately recorded:

- Race bib is clearly visible on the front of the torso
- Race bib is unaltered and unmodified (do not fold or wrinkle)
- Race bib is pinned in all four corners
- Race bib is not covered (jackets, shirts, etc.)

Event Day Registration

Event day registration will be available starting at 8:30 a.m. at Gate C of Red Bull Arena. A total of \$150 (\$50 registration fee + \$100 fundraising minimum), will be due at this time.

Bag Check

We will have limited bag check at this year's Climb. Please plan to keep your personal items inside your vehicle or with someone outside the arena. **Please do not bring valuables to the Climb**.

Restrooms

The women's bathroom is located at section 120 and the men's bathroom is located at section 119.

Climbing Instructions

Climbers will line up at the start line in numerical order by bib number. Participants will start in approximately 30 second intervals. Volunteers will be on hand to assist you. Faster climbers should let slower climbers know when they are passing. A common courtesy would then be for the slower climber to move to the outside and let the faster climber pass on the inside. Please climb single file to allow people to pass easily.

You may wear headphones, but please be conscious of other climbers and the volunteers.

The carrying of a baby, child or another adult while climbing is **not** permitted.

If you cannot complete the climb, volunteers will be stationed throughout the arena to assist you.











Water Station

Water stations and rest stops will be available at sections 126/127 and 117. **Water is <u>NOT</u> allowed on the stairs**. This rule is for your safety and the safety of other participants. We do not want anyone slipping on a water spill. Please dispose of any bottles or cups before returning to climb.

The Finish Line

When you cross the finish line please, keep moving. This allows room for others to complete their climb. Do not re-enter the finish area once you are done. At the finish line, you may get a drink, cough drop, enjoy the view from the field and take a photo celebrating your success. Be sure to head to the After Party and Awards Ceremony.

Friends and family (spectators/non-climbers) will not be permitted to meet you at the finish. Spectators may meet you at the After Party.

Medical

Medical staff will be on-site for those who may need any assistance throughout the event. In case of an emergency, contact the closest volunteer to reach the emergency medical personnel. If you cannot make it to the nearest break floor, volunteers will be in the stairwells and rest stops to assist you.

Results

You should receive your Climb results through email when you've finished the race. We will be handing out awards at our After Party around 11:00am. All results are not final until the last Climber has finished. Results will also be posted on the Fight for Air Climb website by Monday, April 15. All results are not final until the last Climber has finished.

After Party

The official After Party location will be held at the **CrossBar** located near Gate C at Red Bull Arena. The After Party will be open at 9:15 A.M. and we will have food available for all climbers as well as a cash bar.

Awards

We appreciate the hard work and dedication of every climber and team who has participated in the Climb and raised money to fight lung disease. We are excited to bring back this year our full Awards Ceremony for the Fight For Air Climb New Jersey. **The Awards Ceremony will start around 10:45 a.m.**

You can check out the full list of individual and team climb time and fundraising award categories <u>here under</u> <u>the Awards section.</u>

FUNDRAISING

Fundraising Minimum Commitment

As a condition of participating in the Fight for Air Climb New Jersey, you agreed to pay a registration fee and meet the required **\$100 fundraising minimum**.

The minimum \$100 fundraising commitment must be met by event day on April 14, 2024 in order to participate in the stair climb — no exceptions. You can bring cash or check donations with you on the day of the Climb and can make a credit card donation as well.











Fundraising Basics

Every participant is encouraged to use the online fundraising tools available on the <u>Fight For Air Climb New Jersey website</u>. During the online registration process, you choose a Username and Password to access these tools. The website offers user-friendly tools to gain support from you friends, family and co-workers. All donations are tax deductible.

Matching Gifts

Many companies match gifts that are made to non-profits. Please check with your company to see if they participate in a matching gift program or use the <u>employer matched gifts tool on our website</u>.

Incentive Gifts

All climbers who have raised \$175 or more are eligible to earn an incentive gift. Please note that the registration fee does not count toward your fundraising total or incentive gift, and incentive gifts are not cumulative.

The incentive gift level you are eligible for will be determined by your fundraising total as of one month after the Climb. (Incentives are based only on money that has been turned in and confirmed). Incentive gift redemption certificates will be emailed to you. If you do not have a unique email address and share with another participant, your certificate will be mailed to the address included with your registration.

Your incentive gift redemption certificate is our token of appreciation for your hard work. You may use your certificate to redeem your exclusive American Lung Association Fight for Air gift by following the instructions on the certificate. Each certificate will allow redemption of one item at or below the level you achieved. Your gift will be shipped within 15 days after placing your order. If you wish that 100% of your fundraising total be applied to the American Lung Association's programs and services, you may choose NOT to redeem your incentive certificate.

FOR MORE INFORMATION, PLEASE VIEW OUR <u>FAQ</u> AND <u>DAY OF EVENT DETAILS</u>
SECTIONS OR CONTACT
GABBY GRIMALDI AT NJCLIMB@LUNG.ORG OR 908-952-0033.