## American Lung Association.

## Fight For Air Climb Cincinnati

#### Day of Event Participant Guide

Fight For Air Climb Cincinnati: Sunday, April 14, 2024 Great American Ball Park

## **Fight For Air Climb Details**

## **Route Maps**

See the routes in action, by clicking the links below!

Stadium Climber Route

<u>Ultimate Climber Route (Power Hour)</u>

\$250 Minimum fundraising requirement for this option!

Firefighter Route

### **Packet Pick Up**

OPTION 1- Saturday, April 13th 10am-2pm

TriHealth Fitness and Health Pavilion 6200 Pfeiffer Rd, Montgomery, OH 45242

Follow the signs/flags!

#### OPTION 2- Sunday, April 14th 8am

Come ½ hour before your designated climb time, and check-in at the registration table! Packets can be picked-up there!

\*\$100 fundraising minimum must be met to get race-day items.\* Note: We strongly encourage you to pick up your race day packet prior to race day, to cut down on crowds!

> American Lung Association

## What To Expect

#### April 14, 2024

#### **Location: Great American Ball Park**

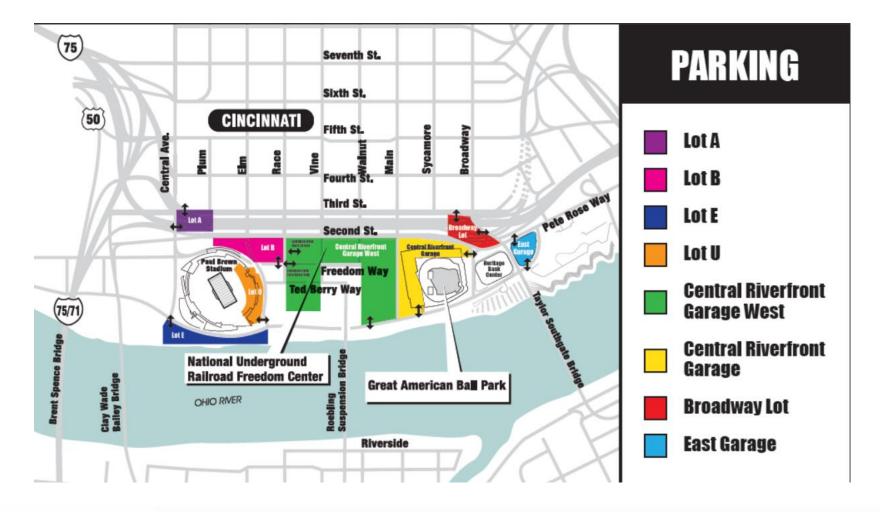
#### **Event Information**

- The Stadium Climb consists of 943 stairs in the lower bowl of Great American Ballpark and a Jog around the warning track!
- Please arrive at the stadium 20-30 minutes prior to your climb time (times will be released the week of the event).
- Parking will be available (see next page)



## Parking

Parking garages will be open and available for parking, for an unknown fee (prices change, based on what events are happening). However, limited street parking is also available for free until 2pm, since the event is on a Sunday.



- American Lung Association.

## **Fundraising Incentive Items**

Climbi





\$100 Event Day T-Shirt







Crewneck Sweatshirt or Hooded Sweatshirt

Climb



Backpack



\$175

Travel Coffee Tumbler

\$2,500 \$5,000 Quarter Fleece or Echo Dot Speaker or JBL Wireless Earbuds The North Face Sweater

OClimb

\$250

Baseball Cap or

Fanny Pack



\$7,500 15QT Cooler or 3-in-1 Jacket



\$10,000 15QT Cooler and JBL Wireless Earbuds or 3-in-1Jacket and Echo Dot Speaker



## **Fight for Air** Climb **Cincinnati VIP** Incentives

Climbers Raising \$500 or more will receive:

- VIP sticker on race bib
- special signage at ballpark
- free parking in designated garage
- free drink at March First After Party

 choice of \$500 incentive Climbers raising \$750 or more will also receive 2 tickets to the Reds Game VIP After Party Date TBD



## **Still Need to Fundraise? Fundraising Tips + Techniques:**

## \$100 Fundraising Minimum to Climb

- Consider hosting a team fundraiser such as:
  - A "Give back" night at a local restaurant or store
  - A bake sale, dress down day at the office, or raffle
  - At-home tournaments with small buy in cornhole, poker, video games, trivia, etc.
- Facebook Fundraiser- #1 tool to fundraise
- Participant center and app- personalize your pages and let your audience know why you're participating



#### Get creative, stay safe, involve your whole team, and have fun!



## **FAQ- Important Information**

#### Day of Event Schedule (Please note, this is subject to change)

Registration opens 7:30 am

Ultimate Climb Begins 8:00 am

FF/FR + Stadium Climb 9:30 am

#### **Water Stations**

You are welcome to bring a water bottle with you to climb! There will be one official water station at the event. We will have bottled water available for you.

#### **Safety Procedures**

Trained medical personnel will be located throughout the ballpark in case you need assistance. Volunteers will also be available.



## **FAQ- Important Information, cont.**

#### Children

Climbers must be at least 7 years old to participate. Any climber under the age of 18 must climb with an adult (age 18 years or older) and must not be left alone under any circumstances. For adults who climb at a faster pace, please note that your child may not be left unattended while you climb, so make arrangements accordingly. Due to stadium regulations and to ensure your safety and that of your child, child-toting is not allowed.

#### Awards

We appreciate the hard work and dedication of every climber and team who has raised money to fight lung disease. Participants and teams who have gone above and beyond will be recognized. Final details on awards will be announced after the event. Thank you for understanding!

A few special awards will be handed out prior to the Stadium Climb, based on last year's event and current fundraising statuses.

## **FAQ- Important Information, cont.**

#### What time should I arrive and when do I find out my start time?

Start times will be sent to you by Wednesday, April 10<sup>th</sup>. You will receive an email link to the start times. You will also receive a "wave number".

Please arrive 20-30 minutes prior to your start time. This gives you time to warm up and find your place in line.

#### Where do I go on event day to check in?

You will arrive at the Main entrance of Great American Ball Park. If you need to pick up your packet or turn in any fundraising dollars, you can then proceed to registration. Otherwise, please wait to line-up with your climb time. Visit vendors or warm-up with F45 Training!

#### What if I cannot make it to the finish line?

If for some reason you cannot complete the climb, the nearest volunteer can assist you.

## **FAQ- Important Information, cont.**

#### What can I bring in the Stadium?

You may only bring inhalers, water bottles, cell phones, and portable music players into the stadium with you. Water bottles will be provided, if you do not wish to bring your own bottle. Due to stadium regulations, participants are not allowed to carry children while they climb.

Please leave valuable items at home as we are not responsible for lost or stolen items.

#### Please note: There will be NO gear check.

Please refer to Great American Ballpark FAQ page for more details about Stadium Regulations:

https://www.mlb.com/reds/ballpark/information/guide



## **After Party**

Celebrate your climb finish at March First Brewing! March First will open at 10:30am with a reserved table for our group. A portion of the beer sales will be donated back to the 2024 Fight for Air Climb! We are so grateful to March First for their support of our After Party.

> March First is located at: 10 Fountain Square Plaza Cincinnati, OH 45202





#### Thank You to Our Local Sponsors

	Presen	ting Sponsor	
	01	īriHealth	
	Gold	d Sponsor	
	St. Elizabeth		
	Silve	r Sponsors	
	Walmart % org Da	nited hiry rmers	AstraZeneca 2
	Christ Hospital'		
	Suppor	ting Sponsor	
Mix 94.9	Busken		Cincy Wedding Services





# Thank You!

Questions? Contact Amber at: Amber.smith@lung.org