Event Day Information

14th Annual Fight For Air Climb – Cleveland

Sunday, March 3, 2024

Key Tower – staging at Marriott at Key Tower: 1360 W Mall Dr, Cleveland, OH 44114

Event Day Schedule

8am: Ultimate Climb Challenge

9am: Climb Begins

10:30am: After Party in Marriott 2nd floor lobby opens.

11am: Firefighter Challenge Begins

Climb wave times will be posted to the event site www.ClimbCleveland.org, on Tuesday, February 27 & emailed to participants.

2024 Important Dates and Event Announcements

Online Registration will close on Monday, February 26 at 9am. Day of registration will be available until 10am, at a premium, for $50 day of registration fee, plus minimum $100 fundraising ($250 Ultimate) in order to participate. It is highly advised to be registered in advance online.

Packet Pick Up

We ask that you pick up your participant race bib and event t-shirt during our pre-event packet pick-up times.

Your fundraising minimum must be met in order to pick up your participant packet. If you have not met your minimum $100 ($250 for Ultimate Climbers), you will be asked to pay the difference to participate.

Facebook Fundraisers that have not synced to show accurate total yet: Please have photo screenshot ready to show minimum met. In Facebook go to search → Fundraisers → Choose your 2024 FFAC participant fundraiser → screenshot donation totals bar.

Teams: We also encourage Team Captains to pick up for their team, provided all fundraising minimums have been met.

***Please let us know to expect you, so we can have your team ready. Email us: EventsCLE@Lung.org

Packet Pick-Up Location:

American Lung Association Cleveland Office, Independence Tower, 5755 Granger Rd., Independence OH

Wednesday, February 28: 11am – 2pm
This is an unofficial pick-up day as we will be preparing for the event at the office. Please come up to suite 905 to pick up your packet.

**Thursday, February 29: 11am - 6pm or**

**Saturday, March 2: 11am - 2pm**

We will be there to greet you at the north entrance main lobby level. You may drive up or park and come into the lobby to pick up your packet.

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**Cleveland 2024 Key Tower FAQs**

**Will I be Able to Climb With My Friends?**

As long as you are on the same team, all teams climb together. Times are assigned at the discretion of the race director. Start times are used to avoid congestion in the stairs and starting line.

**Can My Family and Friends Meet Me at the Top?**

Due to security reasons, friends and family are not permitted at the finish line. Family and friends are welcome to congregate near the elevators in the Marriott in the lobby on the way to Key tower to greet your climber as they exit Key Tower.

**Is There an Age Minimum or Any Restrictions?**

All participants must be registered and a minimum of 7 years of age on climb day in order to participate. Younger children or infants are not permitted to register and participate. Furthermore, registered climbers are not permitted to carry young participants or infants or by using harness devices.

**What Should I Do With the Cash/Check Donations That I Collect?**

Yes, please bring them to packet pick-up or on event day to the Registration table. We have envelopes for you!

**Fundraising:** In addition to the registration fee, each climber must have a minimum of $100 ($250 Ultimate Climbers) in donations turned in on or before event day in order to climb. All donations can be done online, at the registration table or mailed to the ALA office.

**Climb Day essentials:** On Climb Day, each climber needs a bib attached on the front of their body and a start time. All start times will be posted on the Climb website (notice sent via e-mail) the week leading up to Climb Day.

**Directions & Parking:** Climb Cleveland participants can park at the Memorial Parking garage connected to Key Tower and the Marriott. **Self-Parking will be $10 on your own or only $5 with a special discount ticket that you MUST REQUEST from the event Registration table BEFORE leaving the event.** Or you may valet at Marriott for a special reduced event rate of $5. Please allow extra time and no access to vehicle if valeting. Street meter parking (varies) surrounding Key Tower within walking distance also available or RTA public transportation.

Marriott at Key Tower: 1360 W Mall Dr, Cleveland, OH

Memorial Plaza Garage: 300 St Clair Ave NE, Cleveland, OH 44113

- Pull up to automated pay machine upon exiting garage. Insert parking ticket THEN insert discount ticket, then payment. If you do not have this special discount ticket, parking will be $10.

Climb Day

What To Bring with Me on the Day of the Climb:

You may only bring inhalers, cell phones, and portable music players into the stairwell with you. Bags can only be brought into the stairwell if they are wristlets or fanny packs, manufactured baby bags, or medical cooler bags. Due to this - there will be NO gear check, only for coats if needed. Please leave any valuable items at home as we are not responsible for lost or stolen items. Water stations in Key Tower will be available on floors 15, 28, 41 and 52.

Start time: You receive your start time by e-mail and posted on the homepage of our event website www.ClimbCleveland.org; you receive your race bib at packet pickup or when checking in at the Registration Tables in the Marriott Ballroom. If you picked your packet up ahead of event day you DO NOT need to check-in again at the event. Times are established at the discretion of the race director. You must arrive and be ready to participate during your assigned time. Climbers go to the starting line in groups based on their start time.

When Should I Arrive at the Climb? You will receive your estimated start time on Tuesday, February 27. It will be posted on the website and emailed to you. You should arrive at least 30 minutes prior to your climb time.

Walk-On Registration: Walk-On Registration is located in the Marriott Ballroom, second floor of the Marriott until 10am. Once registered there, all climbers be escorted over to Key Tower only when their flight is called, due to security of the Key Tower you are unable to line up early and must be escorted over.

Coat Check: Checking of coats, etc. is provided at Coat Check in the Marriott. DO NOT bring valuables to the Climb. The American Lung Association is not responsible for the safety of any items left in the coat room.

Team/Climber Photos: Opportunities for team photos are available in the Marriott Ballroom, please look for the step and repeat or the Sugar Booth digital photo booth station!

Why I Climb Banner: Take time to sign the Climb Banner in the Marriott Ballroom before or after the Climb. Write a personal note if you’re climbing for someone special.

Security: All security procedures must be followed. Security personnel will be stationed at the entrance of Key Tower to ensure only authorized climbers will be able to enter Key Tower.

Medical Staff: Medical services will be available on site during the Climb. If you need assistance, a Climb volunteer will put you in contact with medical personnel.

What Should I Wear/ What Can I Have With Me While Climbing? Wear comfortable clothing, appropriate for an intense cardio workout. Proper shoes are essential. Water bottles, hydration packs, backpacks, weighted vests, gear bags and bags are NOT permitted. Water will be available in the Marriott and on the climb route floors 15, 28, 41 and the finish line floor 52.

Firefighters & First Responders

FIREFIGHTERS, POLICE, EMTS: Community service participants are permitted to climb in gear and/or uniforms.
Firefighter Challenge participants are to wear full structural firefighting protective equipment which meets current NFPA standards. This includes boot, turnout coat and pants (liner in), helmet, gloves and SCBA harness with air cylinder. SCBA face pieces and hoods do not need to be worn; firefighters will not be on air.

Firefighter Gear: There will be a designated gear drop space in the Marriott ballroom for you. Please be respectful to not damage the marble floors in Key Tower, please hold gear in Key Tower lobby while in line.

Firefighter timing bib: Please pin to the front of your pant leg for best timing chip read results. Please do not attach to air tank/metal.

Drink Special: Marriott lobby bar will be offering a special draft beer special for firefighters & first responders. Please drink responsibly.

DURING YOUR CLIMB

STARTING LINE: You will be escorted to Key Tower by flight groups which the DJ will announce, you will be unable to enter Key Tower until your wave is called.

Headphones: You may wear headphones but be conscious of other climbers in the stairwells. Please be sure that your radio, MP3, etc. is worn with proper exercise carrier.

Missing Bib: Please go to the registration table.

Passing Within the Stairwell: Climbers can pass on the left. Just notify climbers ahead of you by saying “PASS: or “PASSING.”

STAIRWELLS: There are water stations and EMS personnel on each designated “walk-off” floor.

Turning Around: Once in the stairwell, you may not turn around and go down the stairs. If you need assistance or need to exit the Climb, see a volunteer on a “walk-off floor”.

Water: Water will be located in the Marriott Ballroom, on all “walk-off floors” and on the Finish floor (52). WATER CANNOT BE TAKEN INTO THE STAIRWELL.

AFTER THE CLIMB

After the Climb Party: Please join us to the left at the Marriott Ballroom starting at 10:30, it will be a first come first serve basis.

Results: Climb times are posted at the event as they are available. Please look for posted QR code results signs throughout the event space for live updates. A link to climber results will also be posted on the event homepage early the following week after the event.

National Incentive Prizes: All donations received by April 3, 2024, will count toward your individual incentive prize if you aren’t a member of the Mission First Club. Prize certificates are then issued via email if you qualify.

Where Can I See Pictures from the Event? Pictures will be posted on the event website following the event. Please be patient as this takes several weeks to gather and post all of the event pictures. You can also view pictures from all years of the event at ala.smugmug.com/stair-climbs/Cleveland

BATHROOMS: Bathrooms are located in on the 2nd level of the Marriott where the Ballroom is located, walk all the way down to the right and make a left. Ask a Climb volunteer for assistance.

Climbers also scheduled to Volunteer:
Please join a cheer group in the Marriott lobby flanking the entrance of Key Tower and help cheer on the remaining climbers! We also would appreciate any clean-up help after the event for those able. Thank you!

Volunteer questions? Contact Kiara.Smith@Lung.org

THANK YOU SPONSORS!

Please be sure to take time to visit our exhibitor sponsor tables at the event and thank them for supporting lung health by being an important part of the Fight For Air Climb Cleveland 2024.

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American Lung Association. Celebrating 120 Years of Impact

Our work directly touches more than 20 million individuals each year and supports millions of people with our pioneering model of education, advocacy and research. 90 cents of every dollar goes to program services. We are proud to be celebrating 120 Years of Impact at the American Lung Association! Learn more at www.lung.org
Questions? Contact the Cleveland Event Team at eventsCLE@Lung.org

Thank you for your support! Share your event day pics with us! Use hashtag: #ClimbCleveland

Tag us! Instagram (@americanlungcleveland) or post in our group on Facebook!