

# DAY 1

## 2024

	Miles	Next Rest Stop	Day Total
<b>START - Thomas Point Beach and Campground</b>	<b>0.0</b>	<b>15.3</b>	<b>0.0</b>
Meadow Rd - Turn Right	0.3	15.0	0.3
Adams Rd - Turn Right	0.1	14.9	0.4
Bath Rd - Turn Right	2.0	12.9	2.4
New Meadows Rd - Turn Left	0.5	12.4	2.9
Old Brunswick Rd - Turn Left	1.5	10.9	4.4
Grover Ln - Turn Right	3.1	7.8	7.5
Adnroscoggin Bike Path - Continue Straight	0.2	7.6	7.7
Water St - Continue Straight	2.6	5.0	10.3
Federal St - Continue Straight	0.6	4.4	10.9
Bath Rd - Continue Straight			
Longfellow Ave - Turn Right	1.0	3.4	11.9
Columbia Ave - Continue Straight	0.5	2.9	12.4
Spring St - Turn Right	0.1	2.8	12.5
McKeen St - Turn Left	0.3	2.5	12.8
Church St - Turn Left	1.3	1.2	14.1
Woodside Rd - Bear Left	0.4	0.8	14.5
Pleasant Hill Rd - Turn Left	0.6	0.2	15.1
<b>REST STOP - Crystal Spring Farm</b>	<b>0.2</b>	<b>13.6</b>	<b>15.3</b>
Mere Point Rd - Turn Right	1.2	12.4	16.5
Rossmore Rd - Turn Right	2.3	10.1	18.8
Maquoit Rd - Turn Left	1.0	9.1	19.8
Woodside Rd - Turn Right	0.8	8.3	20.6
Bunganoc Rd - Turn Left	0.5	7.8	21.1
Flying Point Rd - Continue Straight			
Bow St - Continue Straight			
US 1 (Main St) - Turn Left	7.6	0.2	28.7
<b>REST STOP - LL Bean</b>	<b>0.2</b>	<b>18.6</b>	<b>28.9</b>
US 1 (Main St) - Turn Right	0.4	18.2	29.3

	Miles	Next Rest Stop	Day Total
West Rd - Turn Left	0.1	18.1	29.4
South St - Turn Right	0.3	17.8	29.7
US 1 (Main St) - Turn Right	4.1	13.7	33.8
Old County Rd - Turn Left	0.9	12.8	34.7
Webster Rd - Turn Right	0.6	12.2	35.3
Desert Rd - Turn Left	2.1	10.1	37.4
Merrill Rd - Turn Right	0.1	10.0	37.5
Hunter Rd - Turn Left	0.6	9.4	38.1
Hodsdon Rd - Turn Right	1.9	7.5	40.0
Elmwood Rd - Turn Left	0.7	6.8	40.7
SR 9 (Hallowell Rd) - Turn Right	0.3	6.5	41.0
<b>REST STOP - Durham Community Center</b>	<b>6.5</b>	<b>16.8</b>	<b>47.5</b>
SR 9 (SR 136   Royalsborough Rd) - Turn Left	0.1	16.7	47.6
SR 9 (Newell Brook Rd) - Turn Right	0.4	16.3	48.0
SR 9 (Canal St) - Turn Left	3.7	12.6	51.7
Lisbon St - Turn Left	0.3	12.3	52.0
Davis St - Turn Left	0.1	12.2	52.1
Papermill Trail - Continue Straight	0.4	11.8	52.5
Cross Mill St - Stay on Trail			
Upland Rd - Turn Left	3.3	8.5	55.8
Webster St - Turn Left	0.6	7.9	56.4
SR 196 (Lisbon St) - Turn Left	0.1	7.8	56.5
South Lisbon Rd - Turn Right	2.7	5.1	59.2
Old Lisbon Rd   Webster St - Turn Right	0.6	4.5	59.8
East Ave   Pine St   Sebattus St - Continue Straight			
Franklin St - Turn Right	4.0	0.5	63.8
Campus Ave - Turn Right	0.3	0.2	64.1
Central Ave - Turn Left	0.0	0.2	64.1
<b>FINISH - Bates College</b>	<b>0.2</b>	<b>0.0</b>	<b>64.3</b>

