



## FRIENDS REST STOP TASK DESCRIPTION

### LOCATIONS + ASSIGNMENT TIMES:

- Friday, June 16** Crystal Spring Farm, 277 Pleasant Hill Rd, Brunswick, ME  
6:30 am – 12:00pm
- Saturday, June 17** Oxford American Legion, 112 King St, Oxford, ME  
6:30 am-2:00 pm
- Sunday, June 18** Pownal Elementary School, 587 Elmwood Rd, Pownal, ME  
6:30 am – 2:00 pm

It is important for you to arrive on time at your rest stop. Please check-in with the volunteer lead (Tom and Connie) when you arrive. Also, please plan to work for your entire scheduled time, unless you have made other arrangements with the ALA prior to the Trek.

### ASSIGNMENT DETAILS:

**Your volunteer lead will assign you to a specific area at the rest stop for your duties. Some areas and tasks include:**

#### Set Up:

- Set up and placement of tables, trash cans, recycle bins, and buckets of beverages.
- Arrange food/snack products to be ready for serving.
- Placement of rest stop signage.

#### Rest Stop Service:

- Prepare food (make sandwiches, cut fruit in half, etc.).
- Replenish supplies as they run low for Trekkers.
- Monitor traffic flow in and out of rest stop and assist with safety of entrance / exit locations.

#### Clean Up:

- Clean up and load all supplies into rest stop truck.
- Gather trash and recyclables and pack them into the rest stop truck according to trash plan.

### ADDITIONAL NOTES:

- Drive directly to your assigned rest stop location on your first scheduled day of volunteering.
- Park your vehicle in the designated volunteer parking area at the rest stop.
- Report to your volunteer lead to receive your t-shirts, name badge, meal bracelet, and additional details regarding your assignment.

**Note** - We ask that you keep cell phone use to a minimum while working at the rest stop. We want each and every Trekker to have the best experience they can while taking a break from riding!