

## Overview and Target Audience

The Breathing Better Together Asthma Educator Institute prepares participants to become more familiar with recommended best practices from the National Asthma Education Prevention Program Guidelines and prepare for the National Asthma Educator Certification Board exam.



## Course Objectives

Upon completion of this course, participants should be able to:

- Provide NHLBI and NAEPP guidelines-directed asthma care to patients, families and with health care providers across all settings
- Identify the various roles of the asthma educator in the clinic, and in the community
- Better prepare for the Asthma Educator Certification Exam (AE-C)  
(NOTE: The American Lung Association Asthma Educator Institute Course is not endorsed by the NAECB and participation in the course does not guarantee passing the exam.)
- Network with healthcare providers/educators and organizations surrounding asthma care and asthma care policies

## Executive Planning Committee:

**University of Texas Health Sciences Center Houston:**  
Cindy Jon, MD  
Susan Pacheco, MD  
Traci Gonzales, MSN, PNP-C, APRN, AE-C

**University of Texas Medical Branch:**  
Gulshan Sharma, MD, MPH  
Alexander Duarte, MD  
Damien Fisher, PharmD, AE-C  
Penny Wagner, FNP-BC

**Pima Medical Institute:**  
Angel Bostic Idemudia, BSRT, RRT-NPS, RCP

**Klein Independent School District:**  
Jamie Hernandez, BSN, RN, AE-C

**Houston Independent School District:**  
David Chandler, RN, MBA  
Kathleen Flood, RN, BSN  
Charlotte Stephens, RN, MSN



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LEADING MEDICINE

**American Lung Association of Texas**

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Houston, TX 77018

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**ASTHMA  
EDUCATOR  
INSTITUTE**

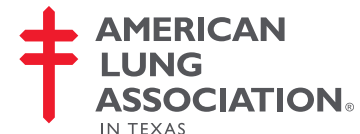
**BREATHING BETTER  
TOGETHER**

**Asthma Educator Certification  
(AE-C) Prep Course**



**Asthma Best Practices Review  
March 14-15, 2017**

United Way of Greater Houston  
50 Waugh Drive  
Houston, TX 77007



# Agenda

## Tuesday, March 14, 2017

- 8:00 a.m. Registration, Continental Breakfast & Exhibits**
- 8:30 a.m. Welcome and Pre-Test**  
*Rubina Abrol, MD*  
*American Lung Association in Texas*
- 9:00 a.m. Asthma Overview**  
*Traci Gonzales MSN, PNP-C, APRN, AE-C*  
*Director of Pulmonary Lab at UTHealth High Risk Children's Clinic*
- 10:00 a.m. Break**
- 10:30 a.m. Factors Contributing to Asthma Exacerbations**  
*Amrita Singh, MD*  
*Assistant Professor of Pediatrics*  
*Baylor College of Medicine/Texas Children's Hospital*
- 11:30 a.m. Lunch and Exhibits**
- 12:30 p.m. Assessment, Diagnosis & Monitoring Asthma**  
*Cindy Jon, MD*  
*Associate Professor of Pediatrics*  
*Division of Pediatric Pulmonology*  
*The University of Texas Health Science Center at Houston | McGovern Medical School*
- 1:45 p.m. Spirometry**  
*Lisa de Ybarrondo, MD*  
*Associate Professor of Pediatrics*  
*Medical Director of Northwest Assistant Ministries (NAM) Pediatric Clinic*  
*Community and General Pediatrics*
- 3:15 p.m. Break**
- 3:30 p.m. Education Strategies & Barriers to Adherence**  
*Jamie Hernandez, BSN, RN, AE-C*  
*School Nurse*  
*Klein Independent School District*
- 4:30 p.m. Adjourn**

## Wednesday, March 15, 2017

- 8:00 a.m. Continental Breakfast**
- 8:30 a.m. Asthma Management Treatments**  
*Damien Fisher, PharmD, AE-C*  
*Pharmacy Clinical Practice Specialist*  
*University of Texas Medical Branch*
- 10:00 a.m. Break**
- 10:15 a.m. Asthma Medicine Devices & Demonstration**  
*Angel Bostic Idemudia, BSRT, RRT-NPS, RCP*  
*Faculty - Respiratory Therapy Program*  
*Pima Medical Institute*
- 11:30 a.m. Lunch and Exhibits**
- 12:30 p.m. Asthma Action Plan: Management Plan Development**  
*Jamie Hernandez, BSN, RN, AE-C*
- 2:00 p.m. Break**
- 2:15 p.m. Your Roles as an Asthma Educator: Professional Issues/ Professional Practices**  
*Jamie Hernandez, BSN, RN, AE-C*
- 3:00 p.m. Post-Test and Evaluation**
- 3:15 p.m. Exam Preparation**  
*Damien Fisher, PharmD, AE-C*
- 3:45 p.m. Adjourn**



### Questions?

Please contact:

**Dr. Rubina Abrol**

713-476-9852

RAbrol@lungs.org

## What Will I Learn?

The learning will include problem-based case scenarios, small group discussion, hands-on device techniques, and group practice on example test questions. Each participant will receive a resource notebook.

The curriculum is based upon the curriculum outlined by the National Asthma Educator Certification Board (NAECB) in the Candidate Handbook to prepare those taking the national certification exam (AE-C). (NOTE: The American Lung Association Asthma Educator Institute Course is not endorsed by the NAECB and participation in the course does not guarantee passing the exam.)

## What Is The Cost?

**Fee of \$300 for two days.** Fee includes tuition, continuing medical education, study materials, breakfast, breaks and lunch on both days.

## How Do I Register?

To register, please visit:

<http://action.lung.org/Houston-AEI>

*Credit card payment only when registering online*

Please make checks payable to:

American Lung Association in Oklahoma  
2030 North Loop West, Suite 250  
Houston, TX 77018

Payment must be received 1 week prior to class start date.

**Cancellation Policy:** \$25 cancellation fee will be assessed.

## Continuing Education Credit

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the New Mexico Medical Society (NMMS) through the joint providership of Rehoboth McKinley Christian Health Care Services (RMCHCS) and the American Lung Association in New Mexico. RMCHCS is accredited by NMMS to provide continuing medical education for physicians. RMCHCS designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)™. Each physician should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacists: Program has been submitted to the Texas State Board of Pharmacy for approval for AMA PRA Category 1 Credit™. A certificate of attendance will be available to all program attendees. Pharmacists are responsible for keeping track of the certificates and submitting them to their board to obtain credit for the program.