



## EVENT SAFE COMMITMENT

Reach the Beach has been reimagined to provide the experience you know and love, while adhering to CDC guidance. It will take our entire cycling community – staff, volunteers, and participants – to make event day a success.

These guidelines could change as we are regularly monitoring local guidelines and will follow the stricter of the policies to ensure optimal lung health for our community.

### What to Expect on Event Day

**All participants, volunteers, and staff must pass a digital health screening questionnaire prior to entering event venues and using event facilities.**

#### Masks & Social Distancing

- All participants, spectators, and volunteers must bring and wear a mask while attending the event. Cyclists will be required to wear their face mask at the start line and may remove their mask once they begin riding. Please keep a minimum of 6 feet from other riders along the route.
- Masks will be required at all times in event areas, including but not limited to: rest stops, food lines, registration check-in areas, SAGs.
- Bandanas, face gators, and shields may not be substituted for masks.
- Assigned start time, lanes, waiting areas, and directional signage will be used to support social distancing of 6ft or more between participants throughout the event.

#### Cleaning and Sanitizing

- Hand sanitizer and/or hand washing stations will be available throughout the event.
- High touch surfaces will be cleaned frequently throughout the event.
- We will use increased safety and hygiene practices for staff and volunteers including use of masks, and regular hand sanitization. Gloves will be worn by all volunteers at rest stops and where food is being distributed.

#### What Else Will Be Different?

- Event capacity will be reduced to support local social distancing ordinances.
- Spectators will not be allowed unless accompanying a participating minor.
- Participants will be given an arrival time and asked to remain in their vehicle prior to their start time.

- No gathering at the finish line.
- Participants will be required to depart upon completion of the event.
- Arrangements will be made to support a socially distant packet pick-up.
- In person opening ceremonies, after-party activities, and award ceremonies will not be held this year.
- Gatherings of any sort are not allowed at the venue, including the parking lot.

## **What Are My Responsibilities as a Participant or Volunteer?**

### **Masks, Hygiene & Social Distancing**

- Wear your face mask at all times at the start/finish line, rest stops and when using SAG support.
- Maintain a minimum of 6ft of distance between you and others.
- Reduce frequency, proximity, and duration of contact with others.
- Avoid congregating before/after the event.
- Avoid touching your face and surfaces.
- Wash hands frequently.

### **Need It, Bring It**

- Proof of digital image displaying the passing of the health screening questionnaire.
- Hand sanitizer will be available, but you may also bring your own.
- If necessary, carry medications or nutrition with you. (example: inhaler, granola bar)
- Bring your own face mask.
- Bike repair kit for flat tires and tube replacements.

### **Have a Plan for Event Day**

- Complete and bring image displaying the passing of the digital health screening questionnaire.
- Read all emails, social media posts, and event day information.
- Know your start time and the procedures for entering the event.
- Be alert to signage and instructions throughout the event.
- Limit what you bring to the event and have a plan for your gear.
- Gatherings of any sort are not allowed at the venue, including the parking lot.

### **What if I've had the COVID-19 Vaccine?**

Achieving widespread immunity through vaccination will be key to ending the pandemic, but it will take time to get there. All participants, including those who have received the COVID-19 vaccine must abide by the event day guidelines.

### **Feel Sick? Stay Home**

- Any individuals entering the venue must abide by the guidelines listed in our event day digital health screening questionnaire.
- Temperature checks, or other screening measures, may be required at your location.

### **Unable to join us in person? Contact us and we can transfer your registration to our virtual Cycle Your Way program (Ride Your Way for Portland).**

Despite COVID-19 our mission continues, now more than ever, we appreciate your support by participating in person or virtually to allow us to continue our critical mission.

As your Trusted Champion of Lung Health, we are also committed to fulfilling our promise of responsible recreation. Therefore, the American Lung Association will continue to closely monitor public local health conditions and CDC guidelines. In order to appropriately protect our participants' well-being and the community at large, the American Lung Association reserves the right to cancel, postpone, or alter the 2021 event.

If the event is canceled or postponed, funds raised will support the American Lung Association's mission. You may request to transfer your registration fee to the next event date, but please note that registration fees are non-refundable.