



Freedom From Smoking[®] Facilitator Training

November 11, 2015 | 8:30a.m. - 4:30p.m.

American Lung Association in Kentucky
4100 Churchman Avenue
Louisville, KY 40215

Register online: www.midlandlung.org/learning-opportunities

For more information contact Tami Cappelletti at (502)363-2652 or tami.cappelletti@lung.org

Space is limited, Registration Deadline: November 3, 2015

ALA reserves the right to cancel training should minimum number of registrants not be met

Registration: \$350

Scholarships may be available

Includes: FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch on training day

**non-refundable unless training canceled by ALA*

About Freedom From Smoking[®]

Freedom From Smoking is a Comprehensive smoking cessation program designed to offer the group support and encouragement many need to quit smoking for good. FFS is an 8 session program, and uses an addiction-based model to help smokers understand their addiction and ways to break the habit. Participants are encouraged to use Nicotine Replacement Therapies and other medications as a component of the program. Cost includes comprehensive training manual, lunch and other American Lung Association resource materials.