lake tour bike trek

AMERICAN LUNG ASSOCIATION

Each Fight for Air Ride cyclist receives:

- A fully-supported route including:
 - SAG vehicles
 - Bike mechanics
 - Medical support
 - Rest stops
- Luxury accommodations at The Abbey Resort and Spa
- Buffet-style meals for a cyclist's appetite
- Technical t-shirt
- Transportation of luggage
- Enthusiastic and helpful volunteers
- Fun and enjoyable weekend away!

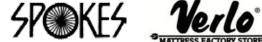














312-781-1100 events@lungil.org

Register Today FightForAirRide.org





RIDE.

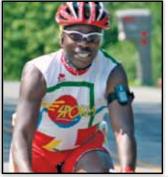
June 14, 15 and 16, 2013

Join cyclists of all levels for the 28th annual Fight for Air Ride-Lake Tour Bike Trek. Ride two or three days, 50 miles per day, from Crystal Lake, IL to Lake Geneva, WI. Ride for personal achievement, a new cycling experience or to honor a loved one affected by lung disease. Whatever your reason, your ride will make a difference in the Fight for Air!



All Inclusive Ride!

This round-trip, fully supported route includes SAG vehicles, medical volunteers, bike mechanics, luggage transportation and rest stops. Each night luxury accommodations are provided at The Abbey Resort and Spa on Lake Geneva. During your stay, enjoy resort amenities, a marina setting and buffet-style meals. When you're not cycling, the days are yours to enjoy Lake Geneva and The Abbey Resort.



	Registration Fee per person (before Oct. 1)		2-Day Ride Fundraising Minimum per person	3-Day Ride Fundraising Minimum per person
Individuals & Teams of 3	\$40	\$75	\$600	\$800
Teams of 4-9	\$40	\$75	\$500	\$600
Teams of 10+	\$40	\$75	\$450	\$500

How Your Support Helps

By joining the Fight for Air, you enable the American Lung Association to continue our lifesaving work. Every step you take, is one step closer to a world without lung disease. **We ride for:**

research that will cure lung disease.

those who can't quit smoking and those who shouldn't start.

lungs that burn from exercise, not ozone pollution.

asthma education to stop fatal attacks in children.

laws that improve air quality, both indoors and out.

all those who can't.

Fundraising Made Easy

Whether it's e-mail or letter writing, social media postings or wrap-around events, fundraising has never been easier. When you register for the Fight for Air Ride, you will receive a personalized fundraising webpage, tools, and support to help you reach your goal.



