



LUNG FORCE RUN/WALK SAFE COMMITMENT

Our LUNG FORCE event has been reimagined to provide the experience you know and love, while adhering to CDC guidance. It will take our entire LUNG FORCE community – staff, volunteers, and participants – to make event day a success.

These guidelines could change as we are regularly monitoring local guidelines to ensure optimal lung health for our community.

The American Lung Association strongly recommends that all participants be fully vaccinated for COVID-19. All participants will need to complete a self-health assessment.

What to Expect on Event Day

Self-Health Assessment – Feel Sick? Stay Home.

- All participants, volunteers, and staff are asked to complete a self-health [assessment](#) prior to arriving at the event and/or entering the facility.
- Additional screening measures may be required at your location based on the venue or local COVID-19 requirements.

Masks & Social Distancing

- Participants, volunteers, and staff are required to wear a mask when in high traffic areas at the event such as the registration area, start line, etc. Masks are not required when actively running/walking.
- Directional signage will be used to support mask use and social distancing of 6ft between participants throughout the event.

Sanitizing

- Hand sanitizer and/or hand washing stations will be available throughout the event.
- Water will either be provided in a sealed bottle or cups may be served by a volunteer or staff member that is wearing masks and gloves.

What Else Will Be Different?

- Participants should make every effort to be spatially distanced.

