



# Freedom From Smoking<sup>®</sup> Facilitator Training

**Tuesday, September 15, 2015 | 9:30a.m. - 4:30p.m.**

American Lung Association  
1475 E 12 Mile Road  
Madison Heights, MI 48071  
Main Conference Room

Register online: [www.midlandlung.org/learning-opportunities](http://www.midlandlung.org/learning-opportunities)

For more information contact Patty Inman at (248)-220-5210 or [patty.inman@lung.org](mailto:patty.inman@lung.org)

**Space is limited, Registration Deadline: Tuesday, September 1, 2015**

ALA reserves the right to cancel training should minimum number of registrants not be met

**Registration: \$350**

Includes: FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch on training day

*\*non-refundable unless training canceled by ALA*

## **About Freedom From Smoking<sup>®</sup>**

Freedom From Smoking is a Comprehensive smoking cessation program designed to offer the group support and encouragement many need to quit smoking for good. FFS is an 8 session program, and uses an addiction-based model to help smokers understand their addiction and ways to break the habit. Participants are encouraged to use Nicotine Replacement Therapies and other medications as a component of the program. Cost includes comprehensive training manual, lunch and other American Lung Association resource materials.