



## **Freedom From Smoking® Facilitator Training**

**Tuesday, October 14, 2014 - 9am-5pm**

American Lung Association in Tennessee  
One Vantage Way, Suite D-220  
Nashville, TN 37228

**Register online: [www.midlandlung.org/learning-opportunities](http://www.midlandlung.org/learning-opportunities)**

For More Information Contact Danielle Brown at  
(615)329-1151 or [Danielle.Brown@lung.org](mailto:Danielle.Brown@lung.org)

**Space is limited, Registration Deadline: Tuesday, October 7, 2014**

**ALA reserves the right to cancel training should minimum number of registrants not be met**

**Registration: \$350**

Includes, FFS Facilitator Guide and Certificate of course completion  
continental breakfast and lunch on training day  
**\*non-refundable unless training canceled by ALA**

### **About Freedom From Smoking®**

Freedom From Smoking is a Comprehensive smoking cessation program designed to offer the group support and encouragement many need to quit smoking for good. FFS is an 8 session program, and uses an addiction-based model to help smokers understand their addiction and ways to break the habit. Participants are encouraged to use Nicotine Replacement Therapies and other medications as a component of the program. Cost includes comprehensive training manual, lunch and other American Lung Association resource materials.