



# Freedom From Smoking® Facilitator Training

Wednesday, March 16, 2016 | 9am - 5pm

Center for Nonprofit Management  
37 Peabody St. #201 Nashville, TN 37210

Register online: [www.alatrainings.org](http://www.alatrainings.org)

For more information contact Danielle Brown at (615)510-3553 or [Danielle.Brown@lung.org](mailto:Danielle.Brown@lung.org)

**Space is limited, Registration Deadline: Wednesday, March 9, 2016**

ALA reserves the right to cancel training should minimum number of registrants not be met

**Registration: \$350**

Includes: FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch on training day

*\*non-refundable unless training canceled by ALA*

## **About Freedom From Smoking®**

Freedom From Smoking is a Comprehensive smoking cessation program designed to offer the group support and encouragement many need to quit smoking for good. FFS is an 8 session program, and uses an addiction-based model to help smokers understand their addiction and ways to break the habit. Participants are encouraged to use Nicotine Replacement Therapies and other medications as a component of the program. Cost includes comprehensive training manual, lunch and other American Lung Association resource materials.