



Freedom From Smoking® Facilitator Training

Tuesday, March 24, 2015 - 9:30am-4:30pm

American Lung Association
1475 E 12 Mile Road
Madison Heights, MI 48071
Main Conference Room

Register online: www.midlandlung.org

Select '**Learning Opportunities**' then '**Facilitator Trainings**'

For More Information Contact Patty Inman at
(810) 931-1425 or patty.inman@lung.org

Space is limited, Registration Deadline: Tuesday, March 10, 2015

ALA reserves the right to cancel training should minimum number of registrants not be met

Registration: \$350

Includes, FFS Facilitator Guide and Certificate of course completion
continental breakfast and lunch

***non-refundable unless training canceled by ALA**

About Freedom From Smoking®

Freedom From Smoking is a Comprehensive smoking cessation program designed to offer the group support and encouragement many need to quit smoking for good. FFS is an 8 session program, and uses an addiction-based model to help smokers understand their addiction and ways to break the habit. Participants are encouraged to use Nicotine Replacement Therapies and other medications as a component of the program. Cost includes comprehensive training manual, lunch and other American Lung Association resource materials.