



2017 FIGHT FOR AIR  
**CLIMB**

NATIONWIDE  
**TOP 5  
CLIMB**

DETROIT #4



## Welcome to the 11<sup>th</sup> Annual Detroit Fight for Air Climb!

We can't wait to see you on climb day! This info pack contains all the details you will need to make sure you experience the climb of your life. Please read this packet in its entirety. It will help ensure your Climb day goes as smoothly as possible. This packet will answer your questions and give you important info that you may not have read in your Climb E-Newsletters or at ClimbDetroit.org.

**Please note that parking for the 2017 climb is now in the GM Lot. See section 3 for details.**

Before you immerse yourself in Climb details, be sure to like us on Facebook and follow us on Twitter. We will be posting and tweeting Climb updates throughout climb day. If you want to join in on the fun tag us @Fight4AirClimbs or use the hashtag #ClimbDetroit.

**\*\*\*NEW –  Snapchat Filter. Send Snapchats to your friends using our Climb Detroit Snapchat filter on Climb day while at the Renaissance Center!**

<http://www.facebook.com/Fight4AirClimbs>

<https://twitter.com/Fight4AirClimbs>



## This Packet Includes:

1. Packet Pick-Up and BIB Look Up Info
2. Climb Day Schedule and Where to Go
3. Parking
4. Expo and Official After Parties
5. All About Your Climb
6. Climb FAQs
7. Packet Pick-Up Release Waiver



## 1. PACKET PICK-UP

Before you climb, you need all your gear! Your packet contains your bib, timing chip and climb tech tee. To release your packet you must have met the \$100 fundraising minimum (reg. fees do not count) and have your signed copy of your packet release form and waiver (which is at the end of this document). Read below for Packet Pick-Up locations and details.

All participants are encouraged to attend packet pick-up during the Friday, February 24 or Saturday, February 26 offerings.

Participants may also pick-up their race packet during any pack pick-up offering including event day from 8:30am -10:30am (Firefighter Check-in is open until Noon). If you choose this option, expect to be waiting in line for approximately 45 minutes to an hour.

**You can look up your BIB # and start time here by [Last Name](#) / by [Team Name](#).**

### Packet Pick-Up Locations and Times:

**Friday, February 24th Packet Pick-Up** will be held from 4pm-7pm at the ALA offices in Madison Heights at 1475 E. 12 Mile, Building H.

**Saturday, February 25th Packet Pick-Up** will be held from 10am-2pm at the ALA offices in Madison Heights at 1475 E. 12 Mile, Building H.

**Climb Day Packet Pick-Up** from 8:30am – 10:30am in the Wintergarden. Firefighter pick-up is open until Noon.

**What if I don't have the \$100 minimum in yet?** If that is the case, we highly advise you attend the Friday or Saturday Packet Pick-Up offerings. **You can still turn your \$100 fundraising min. on Climb day, but plan to wait much longer in line.** Your donation(s) must be received by the ALA by the time you check-in at Packet Pick-Up in order for your packet to be released and for you to climb.

### **You may pick up packets on behalf of your family and friends!**

This is a great way to avoid Climb day lines if some of your team are unable to make it to packet pick-up before the event.

To pick up for others they must have met their \$100 fundraising minimum. You may drop of donations on their behalf when you come, just make sure you have their signed packet pick-up form (found at the end of this document) from each person for whom you are picking up a packet!



## 2. Climb Day Schedule and Where to Go

**Location** –Detroit Renaissance Center, Detroit, MI

**Check-in and Starting Point for all climbers** - Wintergarden

**Climb Celebration and Expo** – 3<sup>rd</sup> Floor Marriott Expo Hall (This is the level you will go to after you climb. Your friends and family can wait here for you and enjoy all the after party fun.)

### CHECK-IN & CLIMB TIME SCHEDULE\*

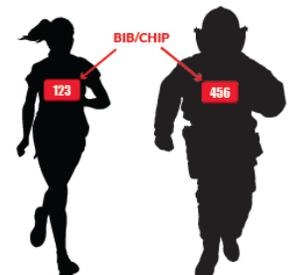
BIB NUMBERS	ARRIVAL TIME	Approx. CLIMB TIME
Elite Climbers 001-100	9:00 - 9:45 am	10:00 am
Full/Half Climbers 101-375	9:30 - 10:15 am	10:30 am
Full/Half Climbers 376- 650	10:00 - 10:45 am	11:00 am
Full/Half Climbers 651-925	10:30 - 11:15 am	11:30 am
Full/Half Climber 926-1200	11:00 -11:45 am	12:00 Noon
Half Climbers 1201- 1300	May Climb with their Full Climb Team mates. Individuals as called by bib #. Arrive 11am climb Noon.	
Other Responders & Law Enforcement 1301 - 1350	11:00 - 11:45 am	12:15 pm
Firefighter Challenges 1351 - 1750	12:00 - 12:45 pm	1:00 pm



### SCHEDULE OF EVENTS\*

8:30 am	First Wave of Registration Opens in the Wintergarden Expo Opens
9:30 am	Welcome Announcements
9:45 am	Lung Champion Climbers Begin
10:00 am	Climb Begins
11:45 am	Firefighter/First Responder Challenge Check-In in Wintergarden
Noon	Last Civilian Climbers
12:15 pm	Other Responder & Law Enforcement Climb (no fire gear) Send off & Climb
12:50 pm	Firefighter Send off
1:00 pm	Firefighter Elite and Firefighter Gear Challenge
2:00 pm	Expo Celebration Closes

#### PROPER BIB/CHIP PLACEMENT



To Ensure Your Timing Chip Registers and You Receive Official Timing Results

**ALL CLIMBERS MUST WEAR RACE BIB ON CHEST**

*\*Do Not Bend Your Timing Chip*

\* Schedule subject to change

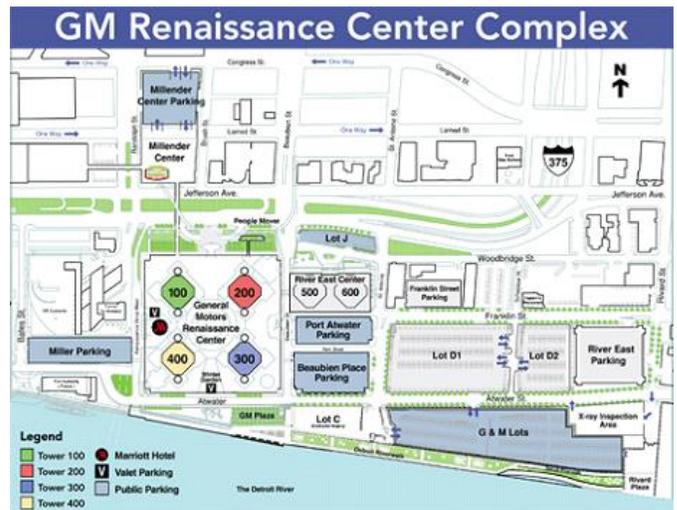
### 3. Event Parking

Event parking is now at the GM Lot at a reduced \$8 rate this lot is credit card in / credit card out. Please come prepared. Parking Structures will not accept climbers until the GM lot is full.

[GMRENCEN Parking map](#)

There are other parking lots and structures available. **The cost to park varies by lot and structure.** Structure fees are not discounted and are reserved on climb day for overflow only.

### 4. All about your Climb



**Here's how the Climb works:** You can check coats and small bags on the 3<sup>rd</sup> floor at the Expo. Large bags and backpacks are not allowed. The Wintergarden is where you need to meet prior to you climb. Announcements and opening ceremonies will start at 9:30ish followed by our Lung Champion Climb at 9:45am. We send the first flight of Climbers off at approx. 10:00am. To give everyone enough space we send additional flight groups of 300 climbers up every 30 minutes or so. Climbers are brought to the starting lines by our "Flight Guides" and are taken up by bib number so watch the signs and listen for your bib range to be called. Make sure you are ready to climb about 30 minutes before your approximated climb time.

**VIP Climbers (Super Steppers and Summit Club Teams)** who earned early climbing rights based on their fundraising efforts from last year will be given "golden tickets" to advance to the front of their respective climb lines. These climbers will get their golden tickets (aka gold bonus bibs) at packet pick-up.



Once all of us regular folks have climbed, the First Responders will climb. Then at 1pm the Firefighters will get ready to take on the Ren Cen!

All throughout the climb, there will be volunteers cheering you on and ready to help you if you need it. Water stations can be found on floors 15, 40, 50, 60 and 71. **Remember NO WATER/DRINKS or FOOD IN THE STAIRWELLS.** You also cannot bring in purses, backpacks, camelbacks, weighted vests, etc.

**Some climbers are in it to win it, but if you would rather walk or jog slowly, no problem -- just like on the freeway, slower traffic KEEP RIGHT.**

**Bringing friends and family down to the Climb with you?** Great, the more the merrier; that's why we have a post climb celebration area. Family and friends can hang out in the Expo hall on the 3<sup>rd</sup> floor. Have your non-climbing companions hang out there while you climb; only climbers and event staff are allowed at the start/finish lines as well as in the stairwells.

**After your climb you will head down to the 3<sup>rd</sup> floor** where upon entering the Expo and After Party you will be awarded your CLIMB MEDAL by our famous Cheer Tunnel (seriously, it's famous. Others have imitated, but nothing beats the original). We'll have a DJ mixing it up and taking requests, so you can dance, party, and play. If you're thirsty from your race head over to the **Climber Refreshment** area and grab a banana or snacks and water. If water isn't enough to quench your thirst you can head over to the **"Beer Tent"** for the adult beverage of your choice.

The Expo will also have lots of vendors, photo ops for team and individuals and more.

Don't forget to sign the **"Why I Climb"** banner before you leave.

## 5. Expo and Official After Parties

All post climb activities and limited gear check is held in the Expo Hall on the 3rd floor of the Marriott. Friends and family can wait for you there.

The Expo will have vendors stocked with freebies and goods to purchase - so bring some mad money. You can also stop by the official Climb Detroit Merch Table to purchase climb gear to show your Climb and Detroit pride all year long.

The Expo will also have computers for you to look up your finish time.

### Official Celebration Destinations

**“Beer Tent”** - Located inside the Expo. Adult beverages and pop will be available to Purchase starting at 11:00am.

**Coach Insignia** - Present race medal for special rates on select food, beer and soda. 11:00am to 3:00pm.

**Volt Bar inside the Marriott Hotel** - Climb day specials for climbers who wear their bibs inside Volt. Specials will run from 11am to 5:00pm. The specials include \$4 Domestic Drafts and House Wine, \$5 Premium Drafts and Well Liquor Drinks.

**Granite City**— Will be hosting a Dine To Donate all day climb day. All you need to do is present [this flyer](#) and a portion of your tab will be donated back to the climb.

## 6. Climb FAQs

**Q: Where do I go?**

**A: Meet in the Wintergarden.** Whether you did packet pick-up or not, all climbers must meet in the Wintergarden. That is where you will be called to the starting lines.

**Q: If I did Friday or Saturday Packet Pick-Up, do I need to check-in on Sunday?**

**A: No.** No more packet pick-up lines for you! Those lines on Climb day are for the folks who haven't picked up their packet yet. You just need to head to the Wintergarden to wait for your bib range to be called to the starting lines.

**Q: What should I wear?**

**A: Appropriate attire:** We suggest you wear comfortable clothing, appropriate for an intense cardio workout, and proper shoes. You are also welcome to wear your official Fight For Air Climb t-shirt or your own team t-shirt.

**Q: Where do I put my bib?**

**A: Race bibs** must be securely attached to the front of your t-shirt with safety pins. All climbers must display their bib # during the event. Firefighters please place your bib as front and center on your torso as possible, way from metal.

**Q: Where do my friends and family hang out?**

**A: Guests** can join you in the Wintergarden until you climb or hang out in the Expo. Guests are not allowed in stairwells, starting lines or at the finish lines. Guests can take advantage of food samples and goodies available for purchase in the Expo on the 3<sup>rd</sup> floor.

**Q: What about pictures?**

**A: Photos** are taken throughout the race. You can also have your team/individual picture taken. Photos stations will be available at the Expo in the Ontario Hall on Level 3.

**Q: Is there a place for my coat/or fire gear?**

**A: Yes. Coat and minimal gear check** will be available at the Expo. Firefighter Gear drop will also be available. Large bags/purses or backpacks are not allowed. Do not bring valuables to the Climb. We are not responsible for items left, lost or stolen. Bring no more than you would to any other race.

**Q: How do I climb? What about water stations and passing?**

**A: During the Climb,** please be courteous and conscious of others. Pass on your left and climb single file. Water and medical assistance are available throughout the climb. Remember no fluids are allowed in the stairwells. Water stations are available on floors 15, 40, 50, 60 & 71.

**Q: Bathrooms?**

**A: There are a few.** Bathrooms located next to the Wintergarden and inside the Expo, but not along the climb route.

**For even more FAQs** visit the [FAQ](#) page at [ClimbDetroit.org](#).

**AMERICAN LUNG ASSOCIATION OF THE MIDLAND STATES, INC.**

**PARTICIPANT/VOLUNTEER ASSUMPTION OF RISK, WAIVER OF CLAIMS, RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT**

Activity: Fight For Air Climb Detroit (the "Activity") Location: Renaissance Center, Detroit, MI 48243

Date(s) and Time(s): 5:00AM – 6:00PM

I would like to participate in and/or volunteer at the Activity and assist the American Lung Association of the Midland States Inc. (the "ALAMS") in its mission to improve lung health and prevent lung disease.

1. I acknowledge and agree that: my signing this Agreement is a condition to and in consideration of my participation in the Activity; this Agreement is legally binding on me and my heirs, executors, administrators, successors and assigns (collectively the "Releasing Parties"); and this Agreement is for the benefit of the American Lung Association, Inc., the American Lung Association of the Midland States, Inc. and their respective officers, directors, employees, sponsors, agents and representatives (collectively the "Released Parties").
2. I represent to the Released Parties that:
  - a. I have voluntarily chosen to participate in and/or volunteer at the Activity;
  - b. I am in good health and physical condition and able to participate in and/or volunteer at the Activity;
  - c. I will obey all laws, regulations and rules at all times during the Activity; and
  - d. I understand that participation in the Activity may be hazardous and involve risks which may cause property damage, physical injury, illness, or death, including but not limited to: physical exertion; equipment failure or malfunction; venue conditions; falling; collision with or being impacted by other participants, volunteers or spectators; or the negligence of the other participants or the Released Parties.
3. I voluntarily assume all risks associated with my participation in the Activity, including the risk of property damage, personal injury, illness, or death.
4. I hereby release and waive for myself and my heirs, executors, administrators, successors and assigns any and all claims (the "Released Claims") which I now have or may in the future have against any and all of the Released Parties arising from or relating to the Activity, including but not limited to the negligence of the Released Parties.
5. I agree that if despite this Agreement, any of the Releasing Parties makes a claim against any of the Released Parties with respect to any Released Claim, I will indemnify and hold harmless each of the Released Parties from any and all costs, expenses and fees, including attorneys' fees, incurred by the Released Parties.
6. I agree that the ALAMS may take photographs or video recordings of me during the Activity (the "Photos and Videos") and that the ALAMS may use such Photos and Videos in perpetuity for purposes of marketing, promotion and publicity in newsletters, newspapers, magazines, brochures, press releases, grant proposals, websites, electronic publications and other written or electronic materials or media without notice or compensation to me. I hereby release and waive for myself and the other Releasing Parties any and all claims which I now have or may in the future have against any and all of the Released Parties arising from or relating to the use of the Photos and Videos.
7. Delivery of a copy of this Agreement bearing an original signature by facsimile transmission, by electronic mail in "portable document format" (".pdf") form, or by any other electronic means intended to preserve the original graphic and pictorial appearance of a document, will have the same effect as physical delivery of the paper document bearing the original signature.
8. I agree that this Agreement shall be governed by the laws of the State where the Activity takes place, and that the exclusive venue for any arbitration or litigation arising from or relating to the Activity or this Agreement shall be in the State where the Activity takes place.
9. If any provision of this Agreement is held to be invalid or overbroad, I agree that the provision shall be severable and such invalidity shall not affect the other provisions of this Agreement and that this Agreement shall be enforceable to the greatest extent possible.
10. This Agreement is the complete agreement of the Releasing Parties and the Released Parties and supersedes any other written or oral agreement with respect to the subject matter of this Agreement. This Agreement may not be modified orally.
11. I have read and understood this Agreement.

\_\_\_\_\_  
 Print Name of Participant/Volunteer                      Date                      Signature of Participant/Volunteer (if 18 or older) Date

**AGREEMENT OF PARENT OR LEGAL GUARDIAN**

If the Participant or volunteer is under the age of eighteen (18) years, the undersigned acknowledges and represents to the Released Parties that the undersigned is the parent or legal guardian of the Participant/Volunteer and has the authority to act on behalf of the Participant/Volunteer. The undersigned acknowledges and agrees that the undersigned has read and understood this Agreement and that this Agreement is legally binding on the Participant/Volunteer and the undersigned.

\_\_\_\_\_  
 Print Name of Parent or Guardian                      Date                      Signature of Parent or Guardian                      Date

Yes! I am turning in money today.

No. I am not turning in money today.

ALAMS USE ONLY