

Climb Safe Commitment

Our Fight For Air Climb has been reimaged to provide the Climb experience you know and love, while adhering to CDC guidance. It will take our entire Climb community – staff, volunteers, and participants – to make event day a success. These guidelines could change as we are regularly monitoring local guidelines and will follow the stricter of the policies to ensure optimal lung health for our community.

What to Expect on Climb Day

Our Climb Committee has identified 40+ stairwells, hiking trails and walking paths throughout LA, OC and IE for participants to reference in identifying their individual “Climb”. The list can be found on the Climb event site and serves only as a suggestion. We encourage everyone to choose a location that works best for you and your team. Please keep in mind all safety and health protocols as you Climb.

Masks & Social Distancing

- All participants should wear a face mask throughout their “Climb” wherever that may be.
- We are following CDC guidance, as you are outside you are able to pull your mask down while actively climbing and 6ft away from others.
- Team Captains are encouraged to take extra face masks for team members who may forget theirs.
- Bandanas, face gators, and shields should not be substituted for masks.
- Please support social distancing of 6ft or more between yourself, your team member and others throughout your “Climb”.

Cleaning and Sanitizing

- Use hand sanitizer throughout the day.
- Please identify hand washing stations that may be available at your chosen “Climb” location.
- Bring your own water bottle.
- Where applicable, we will use increased safety and hygiene practices for staff and volunteers including use of masks, gloves and regular hand sanitization.

What Else Will Be Different?

- Please keep in mind that most locations throughout our cities maintain a reduced capacity to support local social distancing ordinances.
- Always have an adult accompany a participating minor.
- No gathering will be permitted throughout this year’s event due to safety protocols.
- Arrangements are in place to support a socially distant packet pick-up.
- On-site packet pick-up may be limited or unavailable at your event.
- Gear check will be unavailable at all locations.
- In person, opening ceremonies, after-party activities, and award ceremonies will not be held this year.
- Gatherings of any sort are not allowed.

What Are My Responsibilities as a Climber or Volunteer?

Masks & Social Distancing

- Wear your face mask other than when you are actively climbing and 6ft away from others.
- Maintain 6ft of distance between you and others.
- Reduce frequency, proximity, and duration of contact with others.

- Avoid congregating before/after the event.
- Avoid touching your face and surfaces.

Need It, Bring It

- Water bottles - bring your own.
- Hand sanitizer - bring your own.
- If necessary, carry medications or nutrition with you. (example: inhaler, granola bar)
- Bring your own face mask.
- Additional donations in a sealed envelope with participant name, address, and amount on outside of envelope may be dropped at THE BLOC on Sunday, May 2nd 10-2pm. Look out for the Lung Association table in the plaza – THANK YOU!

Have a Plan for Event Day

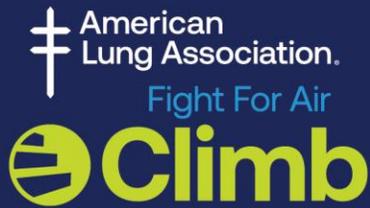
- Read all emails, social media posts, and event day information.
- Be alert to instructions throughout the event weekend.
- Limit what you bring to the event and have a plan for your gear.
- Gathering of any sort is not allowed.
- Ensure fundraising minimum has been achieved and bring any other donations in a sealed envelope – available only at THE BLOC on Sunday, May 2nd 10-2pm. THANK YOU!

What if I've had the COVID-19 Vaccine?

Achieving widespread immunity through vaccination will be key to ending the pandemic, but it will take time to get there. Even after a safe and effective vaccine is available, it is critical for all Americans to protect their health and that of their community by continuing to follow public health guidance. All participants, including those who have received the COVID-19 vaccine must abide by the event day guidelines. This includes wearing a mask, social distancing and washing hands thoroughly until enough of the U.S. population is vaccinated to stop the spread of the virus.

Feel Sick? Stay Home

- All individuals must abide by the guidelines listed in our event day digital health screening questionnaire.
- Temperature checks, or other screening measures, may be required at your location.



This year's Climb Committee compiled a great list of stairwells, hiking trails and walking paths so you can Climb Your Way. Regardless of the location you choose, please be safe, follow all safety and health protocols and HAVE FUN climbing for this important mission – because if you can't breathe, nothing else matters.

Despite COVID-19 our mission continues, now more than ever, we appreciate your support by participating in the Climb in person or virtually to allow us to continue our critical mission.

As your Trusted Champion of Lung Health, we are also committed to fulfilling our promise of responsible recreation. Therefore, the American Lung Association will continue to closely monitor public local health conditions and CDC guidelines. In order to appropriately protect our participants' well-being and the community at large, the American Lung Association reserves the right to cancel, postpone, or alter the 2021 Fight For Air Climb.

If the Fight For Air Climb is canceled or postponed, funds raised will support the American Lung Association's mission. You may request to transfer your registration fee to the next event date, but please note that registration fees are non-refundable.