

Climb Safe Commitment

Our Fight For Air Climb has been reimagined to provide the Climb experience you know and love, while adhering to CDC guidance. It will take our entire Climb community – staff, volunteers, and participants – to make event day a success. These guidelines could change as we are regularly monitoring local guidelines and will follow the stricter of the policies to ensure optimal lung health for our community.

What to Expect on Climb Day

This year's Fight For Air Climb will be taking place at 21 urban staircases in San Francisco. These will be released in the Fight For Air Climb San Francisco Club in the Strava app on the morning of May 1st. Please make sure to join our club prior to the event. Please also keep in mind all safety and health protocols as you climb.

Masks & Social Distancing

- All participants should wear a face mask throughout their “Climb” wherever that may be.
- We are following CDC guidance, as you are outside you are able to pull your mask down while **actively** climbing and 6ft away from others.
- Team Captains are encouraged to take extra face masks for team members who may forget theirs.
- Bandanas, face gators, and shields should not be substituted for masks.
- Please support social distancing of 6ft or more between yourself, your team member and others throughout your “Climb”.

Cleaning and Sanitizing

- Use hand sanitizer throughout the day.
- Please identify hand washing stations that may be available at your chosen “Climb” location.
- Bring your own water bottle.
- Where applicable, we will use increased safety and hygiene practices for staff and volunteers including use of masks, gloves and regular hand sanitization.

What Else Will Be Different?

- Please keep in mind that most locations throughout our cities maintain a reduced capacity to support local social distancing ordinances.
- Always have an adult accompany a participating minor.
- No gathering will be permitted throughout this year's event due to safety protocols.
- Arrangements are in place to support a socially distant packet pick-up.
- On-site packet pick-up may be limited or unavailable at your event.
- Gear check will be unavailable at all locations.
- In person, opening ceremonies, after-party activities, and award ceremonies will not be held this year.
- Gatherings of any sort are not allowed.

What Are My Responsibilities as a Climber or Volunteer?

Masks & Social Distancing

- Wear your face mask, other than when you are **actively** climbing and 6ft away from others.
- Maintain 6ft of distance between you and others.
- Reduce frequency, proximity, and duration of contact with others.
- Avoid congregating before/after the event.
- Avoid touching your face and surfaces.

Need It, Bring It

- Water bottles - bring your own.
- Hand sanitizer - bring your own.
- If necessary, carry medications or nutrition with you. (example: inhaler, granola bar)
- Bring your own face mask.

Have a Plan for Event Day

- Read all emails, social media posts, and event day information.
- Be alert to instructions throughout the event weekend.
- Limit what you bring to the event and have a plan for your gear.
- Gathering of any sort is not allowed.
- Ensure fundraising minimum has been achieved by Friday April 30th at 12:00pm PT

What if I've had the COVID-19 Vaccine?

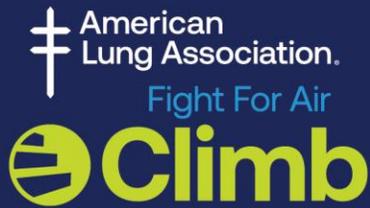
Achieving widespread immunity through vaccination will be key to ending the pandemic, but it will take time to get there. All participants, including those who have received the COVID-19 vaccine must abide by the event day guidelines.

Feel Sick? Stay Home

- All individuals must abide by the guidelines listed in our event day digital health screening questionnaire.
- Temperature checks, or other screening measures, may be required at your location.

Whether you are climbing our urban staircases or climbing your way, please be safe, follow all safety and health protocols and HAVE FUN climbing for this important mission – because if you can't breathe, nothing else matters.

Despite COVID-19 our mission continues, now more than ever, we appreciate your support by participating in the Climb in person or virtually to allow us to continue our critical mission.



As your Trusted Champion of Lung Health, we are also committed to fulfilling our promise of responsible recreation. Therefore, the American Lung Association will continue to closely monitor public local health conditions and CDC guidelines. In order to appropriately protect our participants' well-being and the community at large, the American Lung Association reserves the right to cancel, postpone, or alter the 2021 Fight For Air Climb.

If the Fight For Air Climb is canceled or postponed, funds raised will support the American Lung Association's mission. You may request to transfer your registration fee to the next event date, but please note that registration fees are non-refundable.