



A COMPREHENSIVE
MOUNTAINEERING ORGANIZATION
SINCE 1894



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EQUIPMENT LIST

SILCOX HUT BASED SKILLS COURSE AND SUMMIT PROGRAM

This equipment list is for the Silcox Hut-based Mount Hood Skills Course and Summit Program. We have selected the following gear list with great care. **All items are required** and your guide has the responsibility to turn you back if you are not prepared. Please call or email Justin Rotherham at the Mazamas if you have any questions.

Clothing

- Underwear – Wool or synthetic
- Socks – Wool or synthetic. Some people like a thinner wool sock with a liners. Bring 2-3 pairs for overnight trips.
- Long Underwear – Medium weight tops and bottoms.
- T-shirt – Synthetic, quick-drying
- Lightweight Fleece Shirt – (e.g. Patagonia R1 Hoody)
- Soft shell Jacket
- Soft shell Pants
- Shell Pants – Waterproof/breathable pants that can be put on over boots when the weather gets severe. Gore-Tex is one of the common materials used by manufacturers.
- Shell jacket – Waterproof/breathable jacket with a helmet-compatible hood is required.
- Insulated jacket – Insulated parka with a helmet-compatible hood and either down or Primaloft insulation.
- Light weight gloves – Windproof gloves, for warmer conditions
- Medium weight gloves – Lightly insulated
- Heavy weight Waterproof Gloves
- Warm Hat – Wool or synthetic, and snug enough to wear under a helmet.
- Buff or Balaclava – Protection from wind, cold and sun.
- Sun Hat – The more coverage the better.
- Gaiters – For soft, slushy snow conditions. OR brand work best over plastic mountaineering boots.

Technical Climbing Gear - *Available to rent through local outfitters

- *Mountaineering boots – Insulated, waterproof mountaineering boots are required for this climb.
- *Crampons – 10 or 12-point, steel crampons
- *Ice Axe – 50 to 65cm long
- *Climbing Helmet – Sized to fit over your warm hat
- Climbing Harness – Alpine-style
- Carabiners – 1 non-locking, 2 large pear-shaped locking
- Climbing Pack – 25-40 liters, Large enough to hold all of your clothing and equipment.
- Trekking Poles with Snow Baskets – Highly recommended for saving energy and your knees.

Personal Gear

- Lunch/Snacks – 1 lb. per day of a variety of tasty, high energy foods
- Water Bottles – Two 1-liter bottles required. No bladders
- Sunglasses or Glacier Glasses – Should be high-quality, dark, large and fit snugly or have side-shields.
- Ski Goggles – Clear or light in color, in case of blowing snow.
- Sun Block – SPF 30 or higher
- Lip Balm – SPF 15 or higher
- Toilet Paper – Just in case! Blue bags will be available at Timberline Lodge.
- Headlamp – For alpine starts
- Personal First Aid Kit – Moleskin, ibuprofen, aspirin, antacids, personal prescriptions, Band-Aids.



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Items recommended for the Silcox Hut

- Comfortable clothing – Cotton clothing for lounging around the hut
- Street shoes – So you don't have to spend the whole evening in boots
- Luxury items – Book, MP3 player, phone and camera
- Toiletries – Toothbrush