



Our Favorite Northeast Bike Paths

NAME	CITY/TOWN(S)	MILES
MASSACHUSETTS		
Assabet River Bike Path	Hudson - Marlborough	5.6
Bruce Freeman Rail Trail	Concord - Lowell	6.8
Cape Cod Canal Bike Paths	Bourne	7
Cape Cod Rail Trail	Yarmouth - Wellfleet	21.9
Charles River Bike Path	Boston, Cambridge, Newton, Watertown	11.8
Mattapoisett / Phoenix Bike Trail	Fairhaven	4.1
Minuteman Bikeway	Cambridge - Concord	9.7
Myles Standish State Forest	Carver	6.1
Norton Bike Path	Norton	1.6
Norwottuck Rail Trail	Northampton - Amherst	7.2
Shining Sea Bike Path	Falmouth - Woods Hole	10.7
Upper Charles Trail	Milford, Ashland, Hopkinton, Sherborn and Holliston	9
RHODE ISLAND		
Blackstone River Bike Path	Pawtucket - Woonsocket	11.2
East Bay Bike Path	E. Providence - Bristol	14.3
Ten Mile River Greenway	Pawtucket	3
Washington Secondary Bike Path	Cranston - Coventry	19.2
CONNECTICUT		
Farmington Canal Heritage Trail	Farmington	8.7
Mansfield Hollow State Park Path	Mansfield Center	3
Simsbury Bike Path	Granby - Farmington	26.1
NEW YORK		
Erie Canalway Trail	Camillus to Port Byron	17.5
Keuka Lake Outlet Trail	Penn Yan - Dresden	6.2
Ontario Pathways	Canandaigua - Stanley	11.6
NEW HAMPSHIRE		
Franconia Notch Bike Trail	Lincoln	12.5
Northern Rail Trail	Lebanon - Mascoma Lake	5.4
MAINE		
Androscoggin River Bicycle Path	Brunswick	5.5
Kennebec River Rail Trail	Augusta - Gardiner	6.5
Mountain Division Trail	Standish - Windham	6.9