

**REACH THE BEACH
2022 TRAINING RIDES
Presented by Portland Bicycling Club**

These rides are free and you needn't be a club member to ride

February 19

PBC REACH THE BEACH TRAINING RIDE. Discovery/Burnt Bridge Creek Trail Vancouver. Distance 30 miles. Leaves at 9:00 a.m. from Tri-Met Park & Ride, NE 96th & Sandy Blvd. This interstate ride provides the experience of the Mighty Columbia River headed West to the I-5 Bridge, the Discovery/Burnt Bridge Creek Trail back to the east in Clark County, a delicious bakery stop and then the crossing of the big river again on the Glenn Jackson Bridge to the start location. Non-Group ride, **Shorter group option** will be available that may or may not cross bridges depending on the group. 20-22 miles. 12-13 mph. Level B/C. Ride Leader: Dick Weber 503.781.3938 cell

February 26

PBC REACH THE BEACH TRAINING RIDE. Oregon City. 30 & 50 mile options. Leaves at 9:00 a.m. from Sellwood Riverfront Park (SE Spokane Street & Oaks Parkway). Loop Around Oregon City and then out Redland Road for some chronic rollers and beautiful scenery including great views of Mt. Hood. Head out to Barton Store, stop for a quick breath before heading up Amisiger Road. After that last climb it's mostly flat to the finish the ride on Springwater Corridor for the final 18 miles. To shorten the route, turn around at about mile 17 and retrace those tire tracks. Non-Group ride. **Shorter Group option** also offered at about 12-13 mph on the flats. Level B/C. Longer, non-group option 15-17 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell

March 5

PBC REACH THE BEACH TRAINING RIDE. Kelly Point, Vancouver and Blue Lake Park. Distance 52 miles. Leaves at 9:00 a.m. from Wilshire Park at NE 36th and Skidmore. A traditional 2 bridge loop through Vancouver, WA then, after crossing the Glenn Jackson Bridge, opt to cruise out to Blue Lake and back or not! Non-Group ride. Level B. Longer, non-group option 15-17 mph on the flats. **Shorter variation** (approx. 28 miles) available as a group ride at about 12-13 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell

March 12

PBC REACH THE BEACH TRAINING RIDE. Washington County Wanderings. Distances 31 and 57 miles. Leaves at 9:00 a.m. from Shute Park at 750 SE 8th Avenue, Hillsboro. Picturesque rural roads with some rollers, includes a steep climb. Rest stop in Banks. The scenery will include farms, fields, small towns and nurseries. Non-Group ride. Level B/C. Longer, non-group option 15-17 mph on the flats, shorter group ride at about 12-13 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell. <https://ridewithgps.com/routes/31838247>

March 19

PBC REACH THE BEACH TRAINING RIDE. Clark County Cruiser. Distance 60 miles (or fewer). Leaves at 8:30 a.m. from Tri-Met Park & Ride, NE 96th & Sandy Blvd. Cross into Washington and explore parts of Vancouver Bicycle Club's Ride Around Clark County's route (July 24 vbc-usa.com). Beautiful rural scenery, not to mention a couple of crossings of the mighty Columbia. Cut it short by turning around at any point and retracing the route. Non-Group ride. Shorter Group option also offered at about 12-13 mph on the flats. Level B/C. Longer, non-group option 15-17 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell

March 26

PBC REACH THE BEACH TRAINING RIDE. Sauvie Island. Distance 10 to 77 miles with shorter options as well. Leaves at 8:30 a.m. from the parking lot next to the bridge on Sauvie Island. Explore the island itself then head west on Highway 30 as far as desired to get the mileage selected. Eat lunch in quaint Scappoose or St. Helens. A beautiful ride on mostly flat rural roads with some rollers. The scenery will include farms, fields and small communities. Non-Group ride. Shorter Group option also offered at about 12-13 mph on the flats. Level B. Longer, non-group option 15-17 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell

April 2

PBC REACH THE BEACH TRAINING RIDE. Wilshire to Multnomah Falls. Distance 69 miles with shorter options as well. Leaves at 9:00 a.m. from Wilshire Park at 36th and Skidmore. Head north to the Columbia River and spin along Marine Drive to Troutdale then out to Crown Point. Nice weather might prompt including the 18 miles round trip to Multnomah Falls. The scenery will include rivers, farms, fields, cities, small towns and a beautiful view from Crown Point. Non-Group ride. Shorter Group option also offered at about 12-13 mph on the flats. Level B/C. Longer, non-group option 15-17 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell

April 9

PBC REACH THE BEACH TRAINING RIDE. Wheatland or Salem. Distances 45 miles & 63 miles. Leaves at 9:00 a.m. from the Newberg Library at 503 E Hancock Street, Newberg. Use the public parking lot at the corner of East Hancock and Blaine Streets. A beautiful ride on mostly flat rural roads with some rollers. The scenery will include farms, fields, small towns and nurseries. Bring \$1 for ferry. Check site for closures:
<https://www.co.marion.or.us/PW/ferries/Pages/wheatland.aspx>
Non-Group ride. Level B/C. Longer, non-group option 15-17 mph on the flats. Shorter ride at about 12-13 mph on the flats. Ride Leader: Dick Weber 503.781.3938

April 16

PBC REACH THE BEACH TRAINING RIDE. Triple (3!) Volcano Ride. Distance 27 miles. Leaves at 9:30 a.m. from Woodstock Park, SE 47th and Steele, Portland, OR. Instead of distance the focus will be on climbing hills. Yes, there are some climbs on Reach the Beach! Get some pointers, use those Granny Gears and open up that chest for more oxygen as you tackle about 2,100 feet of elevation gain. Coffee stop after. Re-Group Ride at about 12-13 mph on the flats.

Level C/D. Ride Leaders: Ann Morrow 360.608.3173 and Cindy Bernert-Coppola, cindybco@gmail.com, 503.781.1822.

April 23

PBC REACH THE BEACH TRAINING RIDE. Kelly Point, Vancouver and Crown Point. Distance 89 miles with multiple shorter variations. Leaves at 8:30 a.m. from Wilshire Park at NE 36th and Skidmore. Head west to Kelly Point Park then over the I-5 Bridge into lovely Vancouver, Washington OR just head over to Marine Drive and turn those handlebars to the east through Troutdale, past Women's Forum to Crown Point and beyond to Multnomah Falls if that's preferred. Be the bartender on this multi-option route. Approximately 4,100 feet of elevation gain if you do the entire route. Non-Group ride. Shorter Group option also offered at about 12-13 mph on the flats. Level B/C. Longer, non-group option 15-17 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell

April 30

PBC REACH THE BEACH TRAINING RIDE. Canby-Molalla River. Distance 75 miles (variations available). Leaves at 8:30 from Eco Park, 1470 NE Territorial Road, Canby, Oregon. (Hwy 99 south from Oregon City, right on NE Territorial Road then right on N Molalla Forest Road). This is a proposed Scenic Area Bike Route using the "Old Logging Road" bike path to cross over 99E on the south side of Canby. From there, the route follows rural roads to Molalla, Feyer Park, Dickie and finally enters the Molalla River Recreational Area and ends at Copper Creek Bridge, just outside of Table Rock Wilderness Area. Food available in Molalla (Las Delicias, 115 Robbins St. a possibility) but bring plenty of supplies as this is a very rural ride. Level B/C depending on the variation of route chosen. Longer, non-group option 15-17 mph on the flats. About 2,300 feet of elevation gain. Non-Group Ride. Shorter Group option also offered at about 12-13 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell

May 7

PBC REACH THE BEACH TRAINING RIDE. Banks/Vernonia/Hagg Lake. Distance 42/45/94/105 miles (many other variations available). Leaves at 8:30 a.m. from Banks trailhead of Banks Vernonia Linear Trail. (West on Highway 26 to Banks and the Trailhead for the Linear Trail on the North end of town.) The Banks to Vernonia Linear Trail out and back option is 42 miles. Includes one short steep hill for a Level B rating. Banks to Hagg Lake option is 52 miles (round trip) with an 11 mile option around Hagg Lake. A "B" rating is awarded for around the lake (lots of rollers). All route variations include wonderful rural scenery. Horse etiquette on the Banks Vernonia Trail is to slow for the equestrians and talk to riders (and horses!) asking for their instructions to pass so as not to spook their animal. Non-Group ride. Shorter Group option also offered at about 12-13 mph on the flats. Level B. Longer, non-group option 15-17 mph on the flats. Ride Leader: Dick Weber 503.781.3938 cell

May 14

REACH THE BEACH! Distances 29/56/73/100. Leaves at 7 a.m. (start open from 6-7:30 a.m.) Tualatin is the new start location for the 100 mile ride. Check action.lung.org for additional details. Registration is required as well as payment of the appropriate fees and fund raising contribution. This is what you've been training for so have a wonderful ride and be safe. Non-

Group ride. Level A/B/C/D depending on your route. Ride Leader: Dick Weber 503.781.3938
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