

Everything You Need to Know About Walk Day

How to get to Manhattanville College:

- The address is: 2900 Purchase St, Purchase, NY 10577
- Parking will be available on site.

Parking:

- Parking is available on-site for everyone at the Dammann Hall lot by Manhattanville College

Driving:

- Manhattanville College is easily accessible from New York City, Long Island, and Upstate. Please refer to the full driving directions on the last page of this document for more details.

Registration Information:

- Online registration will close Friday, June 25 at 2pm. Donations will be accepted until June 30.
- Everyone coming with you must register online before Walk day.

Walk Day Check In:

- Please arrive at 9:30am.
- All participants must check in individually at the Registration Tent.
- All participants must complete a health questionnaire. This will be sent out 24 hours before Walk day begins.
- Turn in all cash or check donations at the Registration Tent.
- Pick up your Action Passport in your goody bag that will take you through the LUNG FORCE Mission Tents, get your passport stamped at all three tents for a chance to win an awesome prize.

Walk Information:

- The Opening Ceremony will commence at 10:30am.
- The Walk is approximately 2 miles long.
- The Walk will start and finish at the same location.
- The Walk is held RAIN OR SHINE.
- Bathrooms will be available on site
- Dogs are not allowed.
- Masks must be worn by all walkers throughout the event.

Food & Beverage:

- There will be light individually wrapped refreshments as well as coffee and tea service.

Official LUNG FORCE T-Shirts:

- All participants who raise or donate \$100 will receive an Official LUNG FORCE T-Shirt on Walk Day.
- At the Registration Tent, eligible participants will receive a ticket to pick up their t-shirts from the T-Shirt Tent.

LUNG FORCE Leaders:

- LUNG FORCE Leaders are our VIP Fundraisers who have individually raised \$500 or more.
- At the Registration Tent, you will be notified if you are a LUNG FORCE Leader and be given your VIP goody bag including a special gift!



Awards Ceremony:

- After crossing the Finish Line, we will award the: Biggest Family and Friends Team, Biggest Corporate Team, Top Corporate Fundraising Team, Top Family and Friends Team, Top Fundraising Individual, and Most Creative Turquoise Outfit.

Volunteering:

- We are looking for volunteers to help the morning of the Walk from 8am - 11:45am.
- If you would like to volunteer, please email Lisa at Lisa.Burdzy@lung.org.

Driving Directions:

- From New York City
 - Deegan Expressway/New York State Thruway (I-87) north to exit 8. Right to Cross Westchester Expressway (I-287), east to Hutchinson River Parkway. North on Hutchinson River Parkway to exit 27 (in New York, not Connecticut) at Route 120 (Purchase Street). Left on Purchase Street to campus.
- From Long Island
 - Throgs Neck or Whitestone Bridge north to Hutchinson River Parkway north to exit 27 (in New York, not Connecticut) at Route 120 (Purchase Street). Left on Purchase Street to campus.
- From Upstate New York and Northern New Jersey
 - Tappan Zee Bridge East to Cross Westchester Expressway (I-287). East to Hutchinson River Parkway (Exit 9 north). North on Hutchinson River Parkway to exit 27 (in New York, not Connecticut) at Route 120 (Purchase Street). Left on Purchase Street to campus.
 - OR George Washington Bridge to Cross Bronx Expressway east. Follow signs for Thru Traffic and I-87/Thruway north to exit 8. Right to Cross Westchester Expressway (I-287), east to Hutchinson River Parkway. North on Hutchinson River Parkway to exit 27 (in New York, not Connecticut) at Route 120 (Purchase Street). Left on Purchase Street to campus.
- From Putnam and Dutchess Counties
 - South on I-684 to exit 2. Follow Route 120 south (Purchase Street) to campus (about 4 miles).
- From Connecticut
 - Merritt Parkway South to Hutchinson River Parkway south to exit 27 in New York (not in Connecticut). Turn right onto Route 120 (Purchase Street) and follow to campus on left,
 - OR New England Thruway South to Cross Westchester Expressway (I-287) west to Hutchinson River Parkway north (exit 9). Hutchinson River Parkway north to exit 27 at Route 120 (Purchase Street). Left on Purchase Street to campus.
- Commercial Vehicles
 - The Hutchinson River Parkway, Saw Mill River Parkway, Merritt Parkway, Sprain Brook Parkway, Taconic Parkway, and Bronx River Parkway all have severe height clearance limitations and do not permit most commercial vehicles. As an alternate, use 87 from the south or west, or 95 from the east, to 287. Follow exits to 684 north. From the north, use 684 south. Get off at exit 2, Westchester Airport; follow Route 120 south (Purchase Street) to campus (about 4 miles).
- By Train or Bus
 - Metro North Railroad from NYC Grand Central Terminal. Harlem Division Line to White Plains.
 - OR Anderson Hill Road bus (Bee-Line No. 12) or Taxi to the campus.

