

## ***American Lung 2021 Modified Combat Challenge Specific Rules***

### ***Start***

The start area is at the base of the tower.

### ***EVENT 1: High-Rise Tower Climb***

Seven story Tower climb

*\*Descending the tower, every step must be contacted and the handrail grasped.*

### ***EVENT 2: Hose Horizontal Hoist***

A 42lb. (19kg) donut roll of large diameter hose and (15mm) kernmantle rope is used for this event. The evolution is complete when the roll clears the designated finish line

### ***EVENT 3: Forcible Entry***

The forcible entry evolution utilizes the Keiser Force Machine (a chopping simulator). Using the provided nine pound shot mallet and with both feet on the diamond plate surface, the competitor must drive the sled, a ≈ 160lb. (72.5kg) steel beam a horizontal distance of five feet.

*\*Pushing, raking or hooking the beam is not allowed; only the head of the mallet is allowed to strike the beam.*

### ***EVENT 4: Tire Drag Forward (Hose Advance)***

A weighted tire of 50 pounds must be pulled forward a distance of 75 feet using a 15mm kernmantle rope. The competitor then must knock down a simulated fire utilizing a water Extinguisher before advancing to the next event..

### ***EVENT 5: Tire Drag Reverse (Victim Rescue)***

A weighted tire of 50 pounds must be dragged backwards a distance of 75 feet. Time stops when the competitor **and** tire completely crosses the finish line.